

What's the difference?

LEARN THE DIFFERENCES BETWEEN A DIETITIAN AND NUTRITION MANAGER

	DIETITIAN	NUTRITION MANAGER
CREDENTIAL	A Dietitian completes a 4-year BSc degree plus a 38-week internship; then writes the national certification exam (CDRE). Once registered with the professional college, they may use the initials RD behind their name to indicate Registered Dietitian.	A Nutrition Manager completes an accredited diploma program and is a member of the national association, CSNM. They may use the initials NM and can work towards acquiring the CNM – Certified Nutrition Manager designation.
PROFESSIONAL BODY	Must be a full registrant with the College of Dietitians of BC (CDBC). Membership with Dietitians of Canada is optional.	In BC the Nutrition Manager (or Food Service Supervisor) must be a member of the Canadian Society of Nutrition Management (CSNM) to work in health care facilities of 50 beds or more.
EDUCATION	Completion of Bachelor of Science (Dietetics) degree (5 years in total). In BC, UBC is the only post-secondary institution to offer a dietetics degree, 3rd year admission. The program has a limited number of seats available per year. Students may complete the first two years of prerequisite courses at any post-secondary institution but only Langara offers formal programs developed in partnership with UBC for transfer purposes.	Nutrition and Food Service Management at Langara is a full time 2-year diploma. It can be completed on a part-time basis within 6 years. The program can be done completely or partially online. In BC, Langara is the only post-secondary institution to offer the diploma program, which is also university transferable to a business degree. Langara offers 4 different completion streams for this diploma.
CAREER OPTIONS	Dietitians find careers in different environments: <ul style="list-style-type: none"> • Acute or outpatient care – clinical care • Residential care – admin & clinical care • Community – population health • Private practice • Administrative • Research Clinical care deals with varied health conditions. Population health promotes healthy eating to large groups of people. Administrative Dietetics is the management of food service operations Research is in both applied and theoretical nutrition.	Graduates coordinate and manage food service operations, including the product, labour, budgets, and service in: <ul style="list-style-type: none"> • Acute care • Residential care • Retail or commercial operations • School systems • Correctional institutions • Sales Work responsibilities usually include working in collaboration with Registered Dietitians. Careers can progress from Food Service Supervisor, to Food Service Manager, to Support Service Manager depending on experience and aptitude.
RESOURCES	Langara Food, Nutrition, and Health Transfer Diploma UBC Dietetics	Langara Nutrition and Food Service Management Diploma
CONTACTS	Langara: nutrition@langara.ca UBC: students@landfood.ubc.ca	Langara: nutrition@langara.ca
CAREER OPPORTUNITIES	UBC Food, Nutrition & Health Volunteer Listserv	Langara Nutrition Management Career Blog