

Holistic Aromatherapy Practitioner

CERTIFICATE PROGRAM



PROGRAM SUMMARY

Langara College's Holistic Aromatherapy Practitioner Certificate Program (HAPC) is the only hands-on course in the Vancouver area approved by the British Columbia Alliance of Aromatherapy (BCAOA). This program is designed to provide both the fundamental basics and the advanced therapeutic techniques needed to practice aromatherapy in a safe and effective manner. Become a Registered Aromatherapist* with courses that offer real-life training, including required clinical hours in a professional healthcare setting in the center of the city.

PROGRAM CURRICULUM

Aromatherapy 1: Building the Foundations

Classes (Main Campus)

10 Saturdays beginning September 2019 9am-6pm

Aromatherapy 2: Practical Applications

Classes (Main Campus)

10 Saturdays beginning January 2020 9am-4pm

Clinics (W. Broadway Campus)

8 Mondays beginning late Jan 2020 6-9pm

Aromatherapy 3: Advanced Practices

Classes (Main Campus)

10 Saturdays beginning early March 2020 9am-4pm

Clinics (W. Broadway Campus)

9 Mondays beginning early April 2020 6-9pm

**Use of reserved title is granted through acceptance into the BCAOA.*

TUITION AND MATERIALS FEES

- Tuition: \$1101*/course - includes course lab and material fees. Total program cost: \$3303*
- Apply before Aug 1, 2019 for a 5% discount
- A \$40 non-refundable application fee applies. Once accepted into the program, payment is required for all three modules.
- Additional costs: Criminal record check; clinic uniform, massage table for home use, and your own essential oils for clinical practice. See website for details

LEARN MORE

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Langara.

THE COLLEGE OF HIGHER LEARNING.



All three courses provides academic study and practical hands-on experience.

CURRICULUM

The HAPC is made up of three levels of study that have been formulated into individual modules that build consecutively upon each other.

Each module focuses on specific course content. Content includes practical hands-on application and experience. Each module includes theory questions to enhance and deepen the learning process. The questions act as a study guide and are to be completed by the student during the course of study.

To assure understanding of course content small quizzes and student presentations are included throughout the program. Some homework will be handed out and the completion of required reading is expected.

Students have the opportunity to apply their skills in the student clinic which is open to the public beginning in Aromatherapy 2 and continues through Aromatherapy 3. The clinical setting helps to build confidence, professionalism and brings experience to the student practitioner.

NOTE:
Students must apply > μ ± © ¥ ¥ £ \$ ·
œ © - ; ° j Ÿ application form which can
be downloaded at www.langara.ca/cs.
A \$40 non-refundable application fee
applies. Once accepted into the
program, payment is required for all
three modules.

AROMATHERAPY 1: BUILDING THE FOUNDATIONS

HAPC 1001:

A strong foundation of aromatherapy knowledge is essential to safe and effective practices. You will be introduced to essential oils as a holistic healing modality, beginning from ancient cultures to modern times. The body systems in an aromatherapy context will be explored and 25 essential oil profiles will be studied in relation to the systems. This experiential course will lead students to formulate therapeutic essential oil blends for family and friends and apply them through compress, inhalation and localized massage.

AROMATHERAPY 2: PRACTICAL APPLICATIONS

HAPC 1002:

(Prerequisite: Aromatherapy 1)
Build on your aromatherapy foundation by learning the protocol for giving an aromatherapy based reflexology foot massage, a signature treatment developed by the instructor. Stress will be studied from an aromatherapy perspective and hands-on techniques as well as meditation with essential oils will be experienced. Thirty more essential oil profiles will be covered.

Students will be introduced to professional practice, client documentation including assessment, and advanced blending with chemical components.

Students will be required to purchase their own supplies as guided by the instructor. Course of study includes clinic time.

AROMATHERAPY 3: ADVANCED PRACTICES

HAPC 1003:

(Prerequisite: Aromatherapy 2)

Learn how to safely use specific essential oils with pregnant women, babies and children, and elderly clients with special health care needs. The importance of the client/therapist relationship as well as professional practice and ethics will be introduced. Students will discover advanced therapeutic application methods through giving and receiving a full body aromatherapy massage. Subtle aromatherapy will be looked at to help support the emotional, spiritual, and energetic bodies.

In this module students will examine 25 more essential oils and a field trip to enhance your aroma-therapeutic studies will be part of this final module.

Students are required to purchase their own aromatherapy supplies as guided by the instructor. Course of study includes clinic time.

For successful completion of the program students will complete and hand in 30 documented case studies and a 10-12 page research paper.