

BALANCE SYSTEM ACUPUNCTURE

Langara College Certificate program *Outline & 2021 Schedule*

NOTE: Parts of this program are schedule on campus. During COVID, schedule and curriculum delivery may change to ensure safety of students and instructor. See website for current status of program delivery.

Langara.

THE COLLEGE OF HIGHER LEARNING.

Instructor: Dr. Sonia F. Tan, BA, BA(H), DTCM Dip., DAOM, R.Ac., R.TCM.P.

www.langara.ca/acupuncture

LEVEL/MODULE & PREREQUISITES	HOURS OF STUDY	DATES & TIMES 2021	FEE
FOUNDATIONS → Pre-Requisites for Certificate program			
		** Equivalency Exam Options on next page	
BSA LEVEL 1 - Single Systems PRE-REQUISITE: Minimum 250hrs of an accredited Acupuncture program & legally able/ license to practice Acupuncture	TOTAL HOURS: 15.5hrs Lecture*: 14hrs (2 days @ 7hrs/day) Included practice work: 3hrs Test: 1.5hr Clinical: 0	** Credit exemption: <i>Completion of an approved teacher program, equivalency exam**, and refresher/practical</i>	\$500
Email soniatan@langara.ca for alternate delivery options during COVID			
BSA LEVEL 2 - Multiple Systems PRE-REQUISITE: BSAP1 - Single Systems (Level 1) <i>Credit exemption: Completion of an approved teacher program, equivalency exam**, and refresher/practical (see website for details)</i>	TOTAL HOURS: 15.5hrs Lecture: 14hrs (2 day @ 7hrs/day) Included practice work: 1hr Test: 1.5hr Clinical: 0	2021: Mar 6/7 plus Mar 21 LECTURE: March - 1st wknd, Sat 9:00am to 5:00pm (includes 1hr lunch) Sat: <i>online</i> : Sun: <i>in-class</i> TEST: Sun, Mar 21 <i>online</i> 10:00am to 11:30am	\$500
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BSA Foundations Refresher & Practical Review and hands-on practice with evaluations. <ul style="list-style-type: none"> Required for practical credit of Levels 1 & 2 if these courses were taken online. May be taken as a refresher with permission. PRE-REQUISITE: Single & Multiple Systems (Level 1 & 2)	TOTAL HOURS: 5hrs Lecture: 5hr Included practice work: 4hrs Clinical: 0	2021: Sun April 25 PRACTICAL/LECTURE: 9:30am to 3:30pm (includes 1hr lunch) <i>In-class</i>	\$249
If travel is restricted, online options will be made available. Local students are expected to attend if school is open.			
CERTIFICATE PROGRAM			PROGRAM FEE:
You must register for all 6 courses plus exam at the same time			\$2800
BSA LEVEL 3 - Channel Conversion PRE-REQUISITE: Single & Multiple Systems (BSA 1 & 2), and possibly BSA Foundations Refresher and Practical^+ PART OF CERTIFICATE PROGRAM <i>NOTE Revised Delivery Format on Sun May 9, 2021</i> <i>^online option available</i>	TOTAL HOURS: 15hrs Lecture: 10hrs (2 days @ 5hrs/day) Clinical: 4hrs Test: 1hr	2021: May 7-9 plus Sun May 30 LECTURE: Fri/Sat, May 7 & 8 <i>online</i> 9:00am-3:00pm (includes 1hr lunch) GRAND ROUNDS: Sun, May 9 <i>in-class</i> [^] 9:00am-1:00pm TEST: Sun, May 30 <i>online</i> 10:00am-11:00am	
BSA LEVEL 4 - The Twelve Meridian System PRE-REQUISITE: Single & Multiple Systems (BSA 1 & 2) PART OF CERTIFICATE PROGRAM <i>NOTE Revised Delivery Format on Sun June 6, 2021</i> <i>^online option available</i>	TOTAL HOURS: 12hrs Lecture: 7hrs Clinical: 4hrs + Case assignment Test: 1 hr	2021: Jun 5/6 plus Sun Jun 20 LECTURE: Sat, Jun 5 <i>online</i> 9:00am to 5:00pm (includes 1hr lunch) GRAND ROUNDS: Sun, Jun 6 <i>in-class</i> [^] 9:00am to 1:00pm TEST: Sun, June 20 <i>online</i> 10:00am-11:00am	

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LEVEL/MODULE & PREREQUISITES	HOURS OF STUDY	DATES & TIMES 2021
<p>BSA LEVEL 5 - The Five Phases System</p> <p>PRE-REQUISITE: Single & Multiple Systems & Channel-Conversion (BSA 1, 2 & 3)</p> <p>PART OF CERTIFICATE PROGRAM</p> <p><i>^online option available</i></p>	<p>TOTAL HOURS: 12hrs</p> <p>Lecture: 7hrs</p> <p>Clinical: 4hrs + Case assignment</p> <p>Test: 1 hr</p>	<p>2021: Sep 18/19 plus Oct 3</p> <p>LECTURE: Sat, Sep 18 <i>online</i> 9:00am to 5:00pm (includes 1hr lunch)</p> <p>GRAND ROUNDS: Sun, Sep 19 <i>in-class^</i> 9:00am to 1:00pm</p> <p>TEST: Sun, Oct 3 <i>online</i> 10:00am-11:00am</p>
<p>BSA LEVEL 6 - Balance in the Seasons</p> <p>PRE-REQUISITE: Single & Multiple Systems & Channel-Conversion (BSA 1, 2, & 3)</p> <p>PART OF CERTIFICATE PROGRAM</p> <p><i>^online option available</i></p>	<p>TOTAL HOURS: 12hrs</p> <p>Lecture: 7hrs</p> <p>Clinical: 4hrs + Case assignment</p> <p>Test: 1 hr</p>	<p>2021: Oct 16/17 plus Oct 31</p> <p>LECTURE: Sat, Oct 16 <i>online</i> 9:00am to 5:00pm (includes 1hr lunch)</p> <p>GRAND ROUNDS: Sun, Oct 17 <i>in-class^</i> 9:00am to 1:00pm</p> <p>TEST: Sun, Oct 31 <i>online</i> 10:00am-11:00am.</p>
<p>BSA LEVEL 7 - Combinations and Cases</p> <p>PRE-REQUISITE: BSA 1, 2, 3, 4, 5, & 6</p> <p>PART OF CERTIFICATE PROGRAM</p> <p><i>^online option available</i></p>	<p>TOTAL HOURS: 11hrs</p> <p>Lecture: 7hrs</p> <p>Clinical: 4hrs + Case assignment</p> <p>Test: No test</p>	<p>2021: Nov 6/7</p> <p>LECTURE: Sat, Nov 6 <i>online</i> 9:00am to 5:00pm (includes 1hr lunch)</p> <p>GRAND ROUNDS: Sun, Nov 7 <i>in-class^</i> 9:00am to 1:00pm</p>
<p>BSA LEVEL 8 - Cases, Review and Practicum</p> <p>PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6, & 7</p> <p>PART OF CERTIFICATE PROGRAM</p> <p><i>+if travel is restricted, online options are available. Local students are to attend in-class if school is open</i></p>	<p>TOTAL HOURS: 9hrs</p> <p>Lecture*: 5hrs</p> <p>Clinical: 4hrs + Case assignment</p> <p>Test: No test</p>	<p>2021: Dec 4/5</p> <p>LECTURE: Sat, Dec 4 <i>in-class+</i> 9:00am to 3:00pm (includes 1hr lunch)</p> <p>GRAND ROUNDS: Sun, Dec 5 <i>in-class+</i> 9:00am to 1:00pm</p>
<p>BSA LEVEL 9 - FINAL EXAM</p> <p>PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6, 7, & 8</p> <p>PART OF CERTIFICATE PROGRAM</p>	<p>TOTAL HOURS: 3hrs</p> <p>Lecture: 0</p> <p>Clinical: 0</p> <p>Test: 3hrs</p>	<p>2022: Jan 9</p> <p>FINAL EXIT EXAM: Sun, Jan 9 <i>online</i> 10:00am to 1:00pm.</p>
<p>COMPLETION CELEBRATION</p> <p>Approved application for certificate includes: BSA 1-8 plus pass of final exam and <u>all practicum and grand round clinical hours completed</u></p>	<p>TOTAL PROGRAM HOURS: 105hrs</p> <p>71 lecture hours*</p> <p>10 exam hours</p> <p>24 clinical hours</p>	<p>2022: Jan 29 or 30 (TBA)</p> <p>Graduating class celebration only. Official Langara Convocation Ceremony in June of graduating year. Both events optional.</p>
<p>BSA 1151: Equivalency Challenge Exams</p> <ul style="list-style-type: none"> <i>Required for theory credit of Levels 1 & 2 if these courses were not taken thru Langara</i> <p>PRE-REQUISITE: Single or Multiple Systems (Level 1 & 2)</p>	<p>TOTAL HOURS: 1.5 hrs/exam</p> <p>FEES: \$175/level; Writing 2 levels at the same time: \$297.50 total (15% discount)</p>	<p>2021: Sun March 21 or May 2, 2021</p> <p>ONLINE WRITTEN EXAM 10:00am to 11:30am 12:00am to 1:00pm (<i>only available if writing both exams on the same day</i>)</p>

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REGISTRATION

Prior to registration, send your eligibility requirements to Dr. Sonia Tan, soniatan@langara.ca for approval. Call 604.323.5322 to register for the Balance System Acupuncture program and pre-requisite courses. View proposed dates for future intakes and equivalency exams at www.langara.ca/acupuncture

COVID UPDATE:

BSAP Levels 3 & 4 now converted to ONLINE only. BSAP Levels 5-7 may also be converted online, however if the sessions remain available for in class sessions, an online option is available. April practical refresher, and BSAP Level 8 If travel is restricted, online options are available. Local students are to attend in-class if school is open

The schedule included in this document is based on a hybrid model. Due to COVID-19, delivery options may be modified. All courses may be online and course hours may be adjusted to accommodate practical work under supervision to ensure competencies and performance indicators. Students must be able to demonstrate and evaluated in-person to be granted a pass. Additionally, students will be required to compete practical hours in a clinical setting. If travel for study is not possible by the student, theoretical study online will be accommodated where scheduled and where able, with the practical session occurring at the next possible in-class scheduled intake.

HISTORY OF BALANCE SYSTEM ACUPUNCTURE

First discovered in the ancient classic Chinese medicine texts of over 2,000 years ago by Dr. Chao Chen, who published a book on this method and began to teach it in the 1970's. Refined by Dr. Richard Teh-fu Tan into a systematic and logical way of understanding it, "The Balance Method" as it is originally known as, became popular under his guidance, experience and further developments. Balance System Acupuncture, is based on the utilization of a more in-depth and refined way of using Channel Theory based acupuncture. Dr. Sonia Tan, a certified Gold level practitioner of Dr. Richard Tan and one of his senior students, has blessings to continue this legacy and style of acupuncture, with the addition of her clinical and teaching experience, and improvements of her own to the methods. Further history and information at www.TanBalance.com.

PROGRAM HIGHLIGHTS:

- 2 day weekend format for most modules → Saturday, Sunday
- Every month → allows for out-of-town students and full-time practitioners
- **Online learning and testing available for most Modules**
- Sunday of the last day involves grand round clinical hours includes hands on work and learning with practice supervision
- Testing for competency at subsequent weekend
 - Must pass each module before taking the next one: 70% pass grade
 - Remedial exam options
- 12 months duration
- Each day of the weekend is usually 7 hours → 9:00am to 5:00pm (1 hour lunch)
- Each clinical day 4 hours → 9:00am to 1:00pm → Grand Rounds format with video conference of lead doctor
- Tests will be short answer, written and multiple choice
- Cases Assignments due for each Grand Rounds and other classes
- PRE-REQUISITE: Open to all health care professionals with minimum 250 hrs accredited Acupuncture program & legally able/ licensed to practice Acupuncture.
- The 250 minimum hours is to ensure all health professionals have a basic foundation of Acupuncture (*e.g. understand where the channel pathways go, location of acupuncture points, general functions of the meridians, general actions and indications of acupoints and special category acupoints, etc.*)

soniatan@langara.ca or kramsdn@langara.ca | www.langara.ca/acupuncture