

After-hours Emergency Resources

CAMPUS EMERGENCY

CALL LANGARA SECURITY 604.562.1011

Or use designated yellow Emergency Call Stations. Download the "Langara Safe" app for emergency tools and safety services.

MENTAL HEALTH CRISES

ACCESS & ASSESSMENT CENTRE (VGH)

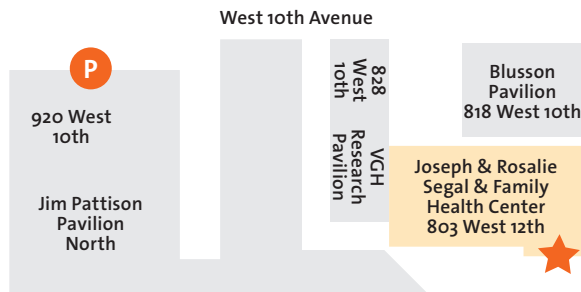
Phone or drop-in for acute mental health and addictions, suicidal thoughts, psychiatric crises, intake, and referral.

-Walk-ins from 7:30 am–9:30 pm

Segal Family Health Centre

803 W 12th Ave. (First Floor)

604.675.3700



BC CRISIS CENTRE LINE

- 24/7 helpline, suicide/distress services (interpreter available)
- 1-800-784-2433 or crisiscentrechat.ca (12:00 pm–1:00 am)

988 SUICIDE & CRISIS LIFELINE

- 24/7 helpline for any mental health crisis by phone or text
- 988 or <https://988.ca/>

INDIGENOUS PEOPLES HOPE FOR WELLNESS HELPLINE

- 24/7 counselling service for Indigenous Peoples across Canada
- 1.855.242.3310 (24/7) or hopeforwellness.ca

TRANS LIFELINE

- 24/7 peer support and crisis line services for trans people
- 1.877.330.6366 (24/7) or translifeline.org

MEDICAL/LIFE THREATENING EMERGENCY

Fire, police & ambulance 911

VGH Emergency Department 920 W 10th Ave.

ABUSE AND ASSAULT

SALAL SEXUAL VIOLENCE SUPPORT CENTRE

Support, advocacy, referrals, accompaniment and transport to VGH Sexual Assault Services

-SSVSC 24-hour Crisis Line: 604.255.6344 or 1.877.392.7583
or www.salalsvsc.ca/get-support/

VICTIMLINK BC

For all victims of violence, abuse, stalking and other crimes.

-24-hour crisis support and information in 110 languages.
-1.800.563.0808 (toll-free)

24-HOUR TRANSITION HOUSES

Provide temporary safe shelter for women who are experiencing or who are at risk of abuse

- Vancouver (Kate Booth House): 604.872.7774
- Richmond (Nova Transition House): 604.270.4911
- Burnaby (Dixon House): 604.298.3454
- North Vancouver (Sage Transition House): 604.987.3374
- Surrey (Evergreen Transition House): 604.584.3301