

After-hours Emergency Resources

CAMPUS EMERGENCY

CALL LANGARA SECURITY 604.374.2373

Or use designated yellow Emergency Call Stations.

MENTAL HEALTH CRISES

ACCESS & ASSESSMENT CENTRE (VGH)

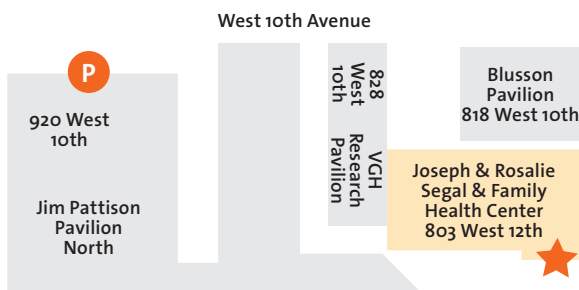
24-hour drop-in for acute mental health and addictions, suicidal thoughts, psychiatric crises, intake, and referral.

Walk-ins from 7:30 am–11:00 pm

Segal Family Health Centre

803 W 12th Ave. (First Floor)

604.675.3700



24-HOUR MENTAL HEALTH CRISIS LINE

604.675.3700 (Request CAR 87 for transport to VGH)

HERE2TALK

24/7 app, phone, or chat counselling service:

1.877.857.3397 or here2talk.ca

EMPOWER ME

24-hour helpline for anyone in crisis. Free counselling for students enrolled in LSU Health & Dental Plan.

1.844.741.6389 (toll-free)

CRISIS CENTRE ONLINE CHAT

19+

12:00 pm–1:00 am

www.crisiscentrechat.ca

MEDICAL EMERGENCY

Fire, police & ambulance 911

VGH Emergency Department 920 W 10th Ave.

After-hours On-call Doctor* 604.522.2211

*Current Langara Health Services patients only. Third party service.

ABUSE AND ASSAULT

WOMEN AGAINST VIOLENCE AGAINST WOMEN

Support, advocacy, and referrals for female victims.

Within 7 days: Can request accompaniment and transport

to: VGH Sexual Assault Services: 920 W 10th Ave.

WAVAW 24-hour Crisis Line: 604.255.6344

(Toll Free: 1.877.392.7583)

VICTIMLINK

For all victims of violence, abuse, stalking and other crimes.

24-hour crisis support and information in 110 languages.

1.800.563.0808 (Toll Free) or text 604.836.6381

24-HOUR TRANSITION HOUSES

Up to 30 days of safe shelter for female victims of domestic violence.

Vancouver: 604.872.7774

Richmond: 604.270.4911

Burnaby (Dixon House): 604.298.3454

North Van (North Shore Crisis Services Society):

604.987.3374