



Pre-arrival Session

For International Students in Continuing Studies
July 2026

Olivia Kong
International Student Coordinator

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Langara.

ʔə ɬ xʷməθkʷəy̓əm | at Musqueam

We acknowledge that **sṇəw̓eyəṭ leləm̓**
Langara College is located on the
traditional, ancestral, and unceded
territories of the Musqueam First Nation.

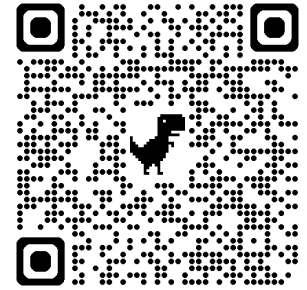
We are honoured to receive the name,
sṇəw̓eyəṭ leləm̓, from Musqueam, which
means house of teachings.

[https://langara.ca/about-
langara/musqueam/index.html](https://langara.ca/about-langara/musqueam/index.html)



Housekeeping

- We will have a short presentation, and the slides and recording of the presentation will be available on the Pre-arrival webpage within a week.
- Please turn off your camera and mic during the presentation.
- There will be a Q&A session at the end for you to ask questions.



Agenda

- **Introduction to Langara**
- **Prepare for Arrival**
- **Post-arrival**
- **Q&A (Questions and Answers)**

Introduction to Langara

Langara College

- Started in 1965 as part of Vancouver Community College.
- In 1970, we opened our 49th Avenue campus.
- On April 1, 1994, Langara College was established as an independent public college.
- Today, Langara is one of BC's leading undergraduate institutions providing University Studies, Career Studies, and Continuing Studies programs.

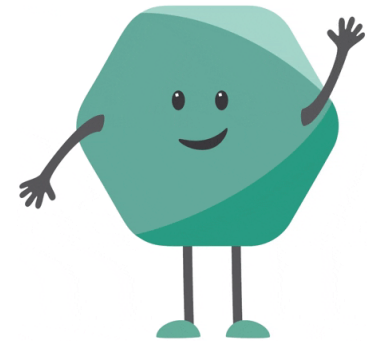


Transportation



What I can help you with?

- Immigration – study permit, visa, work eligibility, Post-Graduation Work Permit
- Medical insurance, social insurance number, and cultural adjustment
- Langara support service & student engagement referrals
- Etcetera!



Got other questions?

Fee payment, account information updates, transcript, student forms, letter of enrolment, etc.

- You can visit or email CSRO at csgeneral@langara.ca

Program or course-related questions?

- You can contact your Program Coordinator

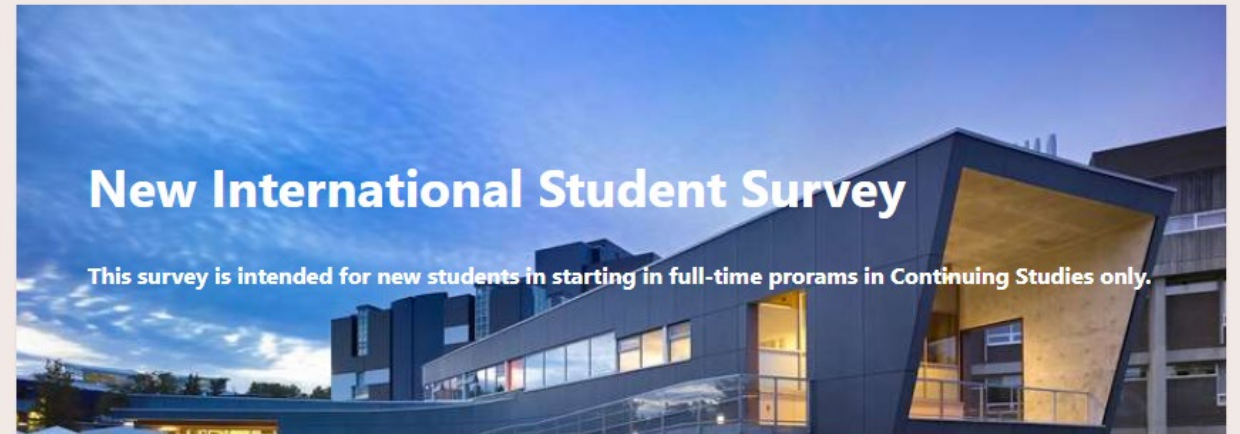
Program emails

If you have an academic question – e.g. course schedule, course location, program-related question, course material, etc?

Programs	Program emails
Advanced Accounting in Canada	csaccounting@langara.ca
Construction Standards Construction and Property Management	real-estate@langara.ca
Digital Music Production (DMP)	csmusic@langara.ca
Health, Safety and Environmental Compliance (HSEC)	hsec@langara.ca
Registered Massage Therapy (RMT)	rmt@langara.ca
Supply Chain and Logistics (SCL)	supplychain@langara.ca
2D and 3D Technologies for Film and Games	csanimation@langara.ca

Reminder!

- If you have not submitted the New Student Survey yet, please do so asap.
- If the status on your study permit application has changed, please submit a new student survey.
- Please note that you have a unique link to your own student survey. So make sure not to share your survey link with another student.



Student Information

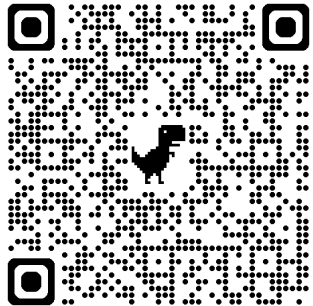
1. Student ID:

2. Student First Name:

3. Student Last Name:

International Student Orientation website

<https://langara.ca/student-services/why-langara/international-student-experience/before-you-arrive/orientation>



Orientation Resources

Welcome to Langara College! We are excited you chose to be with us and are here to support you throughout your academic journey.

To help you make the most of your first semester at Langara, we encourage all new students to attend an orientation session before the start of their term.

New Student Orientation (International Students)

Global Connect Event

New Student Orientation (International Students) | Fall 2026

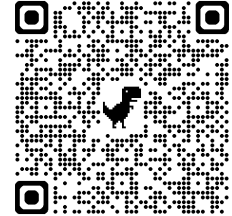
Attend this orientation to learn how to navigate cultural and academic differences, understand your immigration and health responsibilities, and get familiar with classroom expectations. You'll also receive practical tips for your first term and discover the wide range of services and supports available to help you succeed. A guided campus tour and lunch will also be included.

- **Date:** Wednesday, September 2
- **Time:** 9:00 AM – 4:30 PM (Vancouver time)
- **Location:** In person on campus, 100 West 49th Avenue, Vancouver
- **Note:** New international students who have been accepted and registered for fall 2026 classes will receive an email invitation to register. The first round of invitations will go out in August 2026. Please check your Langara email.

Download a complete PDF guide, a detailed reference for international students in their first term.

CS Deferral Deadline - August 15

<https://langara.ca/student-services/enrolment-services/register/after-you-register/withdraw-or-defer-full-time>



For students who have applied for their study permit but have not received a decision from IRCC, you may request a deferral to the next available intake.

To request a deferral, complete the deferral process in the **Continuing Studies Application Portal** by August 15, 2026.

Prepare for Arrival



Home

New Regular Studies Students

Early Arrivals

Opt Out

Continuing Studies and LEAP
Students

Returning Regular Studies
Students

Dependents +

Policy Documents

Submit a Claim

Find a Canadian Clinic

mobileDOCTOR

CONTINUING STUDIES AND LEAP STUDENTS

This is intended for students in a [Continuing Studies program](#) or [LEAP](#) only.

Upon arrival, you will need to apply for [Medical Services Plan \(MSP\)](#) as it is mandatory in the province of British Columbia (BC) for international students to have medical insurance. Since BC MSP does not begin until 3 months after your arrival, you will need to purchase private insurance for those first 3 months. Once your travel arrangements are made, buy the insurance to begin on your first day in BC, for 3 months. To begin, click on the “Apply for Insurance” icon below.

If you are in a Regular Studies program, please refer to the [Returning Regular Studies Students](#) or [Early Arrivals](#) pages to purchase your insurance or for more information. Do not purchase insurance from this page.



APPLY FOR INSURANCE



POLICY DOCUMENTS
FOR
GUARD.ME CANADA
DRUG CARD



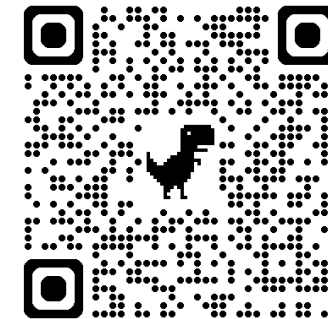
FIND A CANADIAN
CLINIC



MOBILEDOCTOR

Homestay Program

- Students live with a Canadian family while they complete their education
- At your homestay, you will be provided:
 - A furnished, private bedroom
 - Three meals per day
 - Use of household appliances (washer, dryer, vacuum cleaner, iron, etc.)
 - Welcomed to join in family activities and excursions
 - Encouraged to practice English with their families and to learn about Canadian culture
- For more information:
 - Website: <https://langara.ca/apply/accommodations/homestay>
 - Email: homestay@langara.ca
 - Phone: 604.323.5696



Other Options

1. AirBnB: www.airbnb.ca
2. GEC Living (Student Residences): gecliving.com
3. Student.com: www.student.com/ca/vancouver
4. University Living: www.universityliving.com/canada/city/vancouver
5. Point2Homes: www.point2homes.com/CA/Apartments-For-Rent/BC/Greater-Vancouver.html
6. PadMapper: www.padmapper.com/apartments/vancouver-bc
7. Rentsline: www.rentsline.com
8. Craigslist: vancouver.craigslist.org/d/all-housing-wanted/search/hsw
9. Search4StudentHousing: www.search4studenthousing.com/students



For general information about your rights as a renter in British Columbia: tenants.bc.ca/

How early to arrive to Canada?

- You should give yourself a reasonable amount of time to settle in before you start studying and attend the orientation.
- If you have applied for a study permit and have not yet received your letter of introduction (a.k.a. study permit approval letter), do not travel to Canada or book a non-refundable flight ticket until you receive the letter of introduction from IRCC.
- To help you get ready, review the Pre-Arrival Guide on <https://langara.ca/why-langara/international-student-experience/before-you-arrive/pre-arrival-sessions>



General Entry Requirements

When you arrive in Canada, you'll meet a border services officer (CBSA) who will make sure you meet general requirements for entry.

Be honest and ask if an interpreter is available if you don't understand the questions.



What to bring

Bring the following at a minimum:

- ✓ Valid Passport
- ✓ Temporary Resident Visa or eTA
- ✓ Letter of Introduction from IRCC
- ✓ Original copy of your LOA – Letter of Acceptance from Langara (print from your email)



This Photo by Unknown Author is licensed under CC BY-SA

What to bring

Secondary documents:

- ✓ Course registration information
- ✓ Flight booking
- ✓ Accommodation information
- ✓ Important contacts
- ✓ Proof of funds to support your stay in Canada
- ✓ Valid immigration medical exam results, if applicable
- ✓ Letters of reference or any other documents the visa office told you to bring (if any)
- ✓ Photocopies of important documents, such as: birth certificate, previous education documents, family member documents, proof of immunization, driver's license, etc.



Entering Canada

Things the officer may ask:

- ✓ Where you will stay
- ✓ Will you leave Canada by the end of your authorized period of stay
- ✓ Evidence of Funds
- ✓ Have ties with home country
- ✓ Be in good health
- ✓ Have no criminal or immigration convictions



When permitted entry to Canada

- ✓ When the Canadian border officer approves you for entry to Canada with your letter of introduction, they will print out your study permit for you.
- ✓ Once you receive your study permit, make sure to carefully review all information on the permit and correct any errors before leaving.
- ✓ Ensure Langara College is written on your study permit under 'Institution'.

Canada Immigration, Refugees and Citizenship Canada / Immigration, Réfugiés et Citoyenneté Canada

PROTECTED WHEN COMPLETED / PROTÉGÉ UNE FOIS REMPLI

CANADA

Application/Demande: [REDACTED]

UCI/IUC: [REDACTED]

STUDY PERMIT/PERMIS D'ÉTUDES

CLIENT INFORMATION/INFORMATION DU CLIENT

Family Name/Nom de Famille: [REDACTED]
Given Name(s)/Prénom(s): [REDACTED]
Date of Birth/Date de naissance: [REDACTED]
Sex/Sexe: [REDACTED]
Country of Birth/Pays de naissance: [REDACTED]
Country of Citizenship/Citoyen de: [REDACTED]
Travel Doc No./N° du document de voyage: [REDACTED] PASSPORT

ADDITIONAL INFORMATION/INFORMATION SUPPLÉMENTAIRE

Date Issued/Délivré le: [REDACTED]
Expiry Date/Date d'expiration: [REDACTED]
Case Type/Genre de cas: 30
Institution Name/Nom de l'institution: DESIGNATED LEARNING INST-QC
Field of Study/Domaine d'études: SCIENCE, APPLIED
In Force From/En vigueur le: [REDACTED]

Conditions:

1. MUST LEAVE CANADA BY [REDACTED]
2. NOT VALID FOR EMPLOYMENT IN BUSINESSES RELATED TO THE SEX TRADE SUCH AS STRIP CLUBS, MASSAGE PARLOURS OR ESCORT SERVICES.
3. MAY ACCEPT EMPLOYMENT ON OR OFF CAMPUS IF MEETING ELIGIBILITY CRITERIA AS PER R186(F), (V) OR (W). MUST CEASE WORKING IF NO LONGER MEETING THESE CRITERIA.

Remarks/Observations:

TEMPORARY RESIDENT STATUS MAINTAINED AS PER R183(6).
MAY ACCEPT EMPLOYMENT ON OR OFF CAMPUS IF MEETING ELIGIBILITY CRITERIA PER PARAGRAPH R186(F), (V) OR (W); MUST CEASE WORKING IF NO LONGER MEETING THESE CRITERIA.
ISSUED DOCUMENT TILL PPT.

THIS DOES NOT AUTHORIZE RE-ENTRY/CECI N'AUTORISE PAS LA RÉ-ENTRÉE

THIS FORM HAS BEEN ESTABLISHED BY THE MINISTER OF IMMIGRATION, REFUGEES AND CITIZENSHIP CANADA - THIS DOCUMENT IS THE PROPERTY OF THE GOVERNMENT OF CANADA
FORMULAIRE ÉTABLI PAR LE MINISTRE DE L'IMMIGRATION, RÉFUGIÉS ET CITOYENNETÉ CANADA - LE PRÉSENT DOCUMENT EST LA PROPRIÉTÉ DU GOUVERNEMENT DU CANADA

IMM 1442B (1-2019)

Canada

Canadian High School to Langara

If you already possess a study permit:

- ✓ You need to get a new study permit by applying to extend your current one.
- ✓ You ***can continue your studies*** at Langara while waiting for a decision on your new study permit application even if your study permit has the condition “going to primary or secondary school”.

If you do not possess a study permit:

- ✓ If you attend high school while holding a visitor record, you need to apply for and be approved for a study permit ***before*** you start your studies at Langara.

Another DLI to Langara

You need to get a new study permit by applying to extend your current one before you can start studying at Langara - unless you meet **ALL** of the following criteria while waiting for a decision on your study permit application.

- You haven't left Canada since receiving your letter of acceptance (LOA) from the new DLI.
- You continue to meet the conditions of your previous study permit.
- Before you completed your course or program of study, the DLI you were studying at
 - closed
 - discontinued your course or program of study
 - was placed on the suspension list
 - lost its designated status

Otherwise, you need to get your extended study permit for Langara prior to starting the program.

RMT Students in Clinical Practicum

**** Please note that this information is only applicable to RMT students****

As of April 2026, IRCC has removed the requirement for most international students to apply for a separate co-op work permit. Eligible students can now complete their co-op, work experience, internship, or practicum using only their valid study permit, given that the study permit has the “on campus” authorization to work as a condition:

- “May accept employment on or off campus if meeting eligibility criteria as per R186(f), (v), or (w). Must cease working if no longer meeting these criteria.” OR
- “This permit does not authorize the holder to engage in off-campus employment in Canada. May accept employment only on campus if meeting criteria as per R186(f). Must cease working if no longer meeting these criteria”.



RMT Students in Clinical Practicum

**** Please note that this information is only applicable to RMT students****

If your study permit does not have the “on campus” working condition on it OR it contains a restriction that prohibits you from working in healthcare, with the vulnerable populations, or taking up your clinical practicum, you need to have it changed.

- If you pick up your study permit at the Canadian border, you can kindly explain and see if the border officer can change it for you.
- If your study permit was mailed to you, you must apply for a change of conditions.



Post-arrival

BC Medical Services Plan (MSP)

- Apply for BC MSP as soon as possible
<https://my.gov.bc.ca/ahdc/msp-eligibility>
 - You will need:
 - Copy of your study permit
 - BC residential address
- Waiting period for MSP: ~3 months
- You will receive an enrolment letter, which provides you information on how to obtain your Services card.



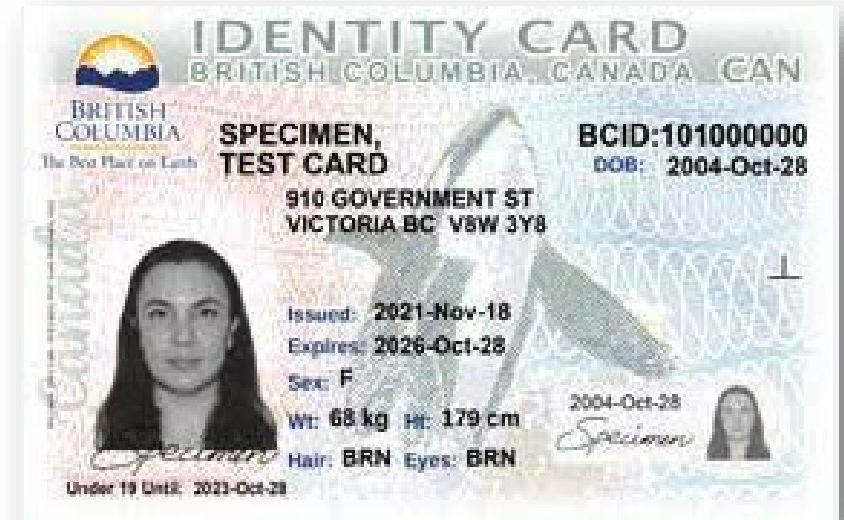
Social Insurance Number

- It is a 9 digit number that you need to work in Canada or to have access to government programs and benefits
- Apply online or visit a Services Canada office



BC Identity Card (BCID)

- Official government photo identification card
- More information at [ICBC.com](https://www.icbc.com)
- Fee: \$35



Banking and Money Management

- There are many bank institutions in Canada
- Many of them have special offers and accounts for International Students
- Budgeting is important as there are a number of fixed costs – tuition, accommodation, commute (car or public transit), food, cell phone, medical insurance, necessities, etc.



Translink - Compass Card

- Public transit system in Metro Vancouver
- Need **Compass Card** to take the bus or subway
- More information at translink.ca



Thank you!

Any questions?

If you have an immigration question, you can contact me - Olivia Kong
(okong@langara.ca)

If you have a program-related question, you can contact your Program Coordinator

Follow Langara Global on social media!
Instagram: @langaraglobal

Scan to complete a short survey about this pre-arrival session

