

## SAMPLE COURSE OUTLINE

### Course Code, Number, and Title:

KINS 1103: Active Health

### Course Format:

[Course format may vary by instructor. The typical course format would be:]

Lecture 2 h + Seminar 0 h + Lab 2 h

**Credits:** 3

**Transfer credit:** For information, visit [bctransferguide.ca](http://bctransferguide.ca)

### Course Description, Prerequisites, Corequisites:

Registrants are advised that students in this course will engage in vigorous physical activity as part of their laboratory practice in Active Health. Students will act both as physical activity leaders and participants. Students are expected to develop and maintain a good level of physical fitness throughout the course. It is of benefit to possess a good level of physical fitness prior to the course.

Students may also be required to travel to off-campus fitness and recreation facilities in the local area.

*Prerequisites and Corequisites unavailable, please consult Department for details*

### Learning Outcomes:

Upon successful completion of this course, students will be able to:

*Information unavailable, please consult Department for details*

**Instructor(s):** TBA

**Office:** TBA      **Phone:** 604 323 XXXX      **Email:** TBA

**Office Hours:** TBA

### Textbook and Course Materials:

[Textbook selection may vary by instructor. An example of texts and course materials for this course might be:]

For textbook information, visit [https://mycampusstore.langara.bc.ca/buy\\_courselisting.asp?selTerm=3|8](https://mycampusstore.langara.bc.ca/buy_courselisting.asp?selTerm=3|8)

*Note: This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name*

snəwəyət̓ leləm Langara College acknowledges that we are located on the unceded territory of the Musqueam people.

and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.

## Assessments and Weighting:

Final Exam %

Other Assessments %

(An example of other assessments might be:) %

*Information currently unavailable, please consult Department for details*

## Grading System:

Specific grading schemes will be detailed in each course section outline.

*Information currently unavailable, please consult Department for details*

## Topics Covered:

[Topics covered may vary by instructor. An example of topics covered might be:]

*Information currently unavailable, please consult Department for details*

As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

## College Policies:

[E1003 - Student Code of Conduct](#)

[F1004 - Code of Academic Conduct](#)

[E2008 - Academic Standing - Academic Probation and Academic Suspension](#)

[E2006 - Appeal of Final Grade](#)

[F1002 - Concerns about Instruction](#)

[E2011 - Withdrawal from Courses](#)

## Departmental/Course Policies:

*This generic outline is for planning purposes only.*