

# Pre-Arrival Session

**FOR INTERNATIONAL STUDENTS IN CONTINUING STUDIES FOR JANUARY 2026**

**November 18, 2025**

**Langara.**

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We acknowledge that **snəw'eyəł  
leləm' Langara College** is located on  
the traditional, ancestral, and unceded  
territories of the Musqueam First  
Nation.

We are honoured to receive the name,  
**snəw'eyəł leləm'**, from Musqueam,  
which means house of teachings.

<https://langara.ca/musqueam>



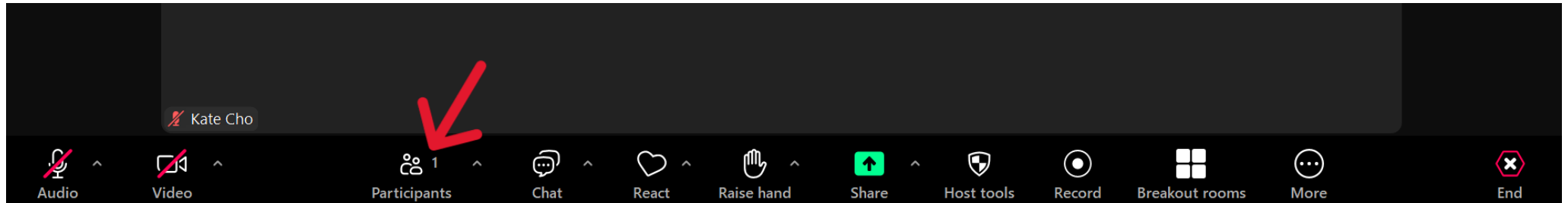


# Before We Begin

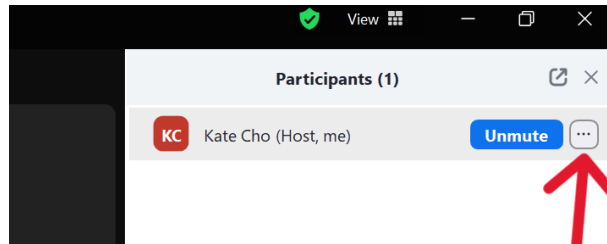
- You'll get the slides and recording of the presentation next week.
- Please turn off your camera and mic during the presentation.
- Please rename your Zoom name to "First name – Program name".  
E.g. Kate – Real Estate
- Program names:
  - Advanced Accounting
  - Construction Standards
  - Registered Massage Therapy (RMT)
  - Supply Chain & Logistics

# Changing your display name in Zoom

## Step 1

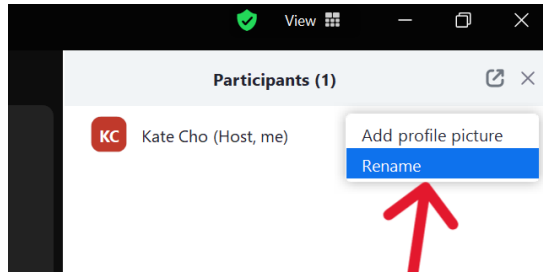


## Step 2

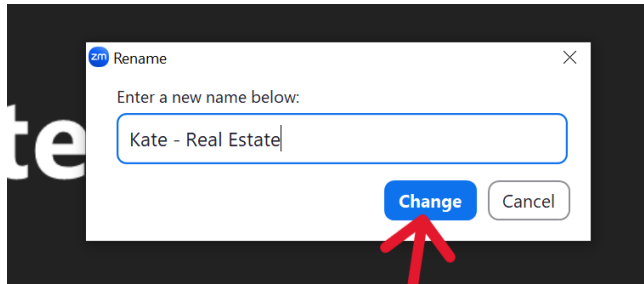


# Changing your display name in Zoom

## Step 3



## Step 4



# Agenda

- Introduction to Langara
- Prepare for Arrival
- Post-Arrival
- Break
- Q & A (Questions and Answers)
- Breakout room



# Introduction to Langara

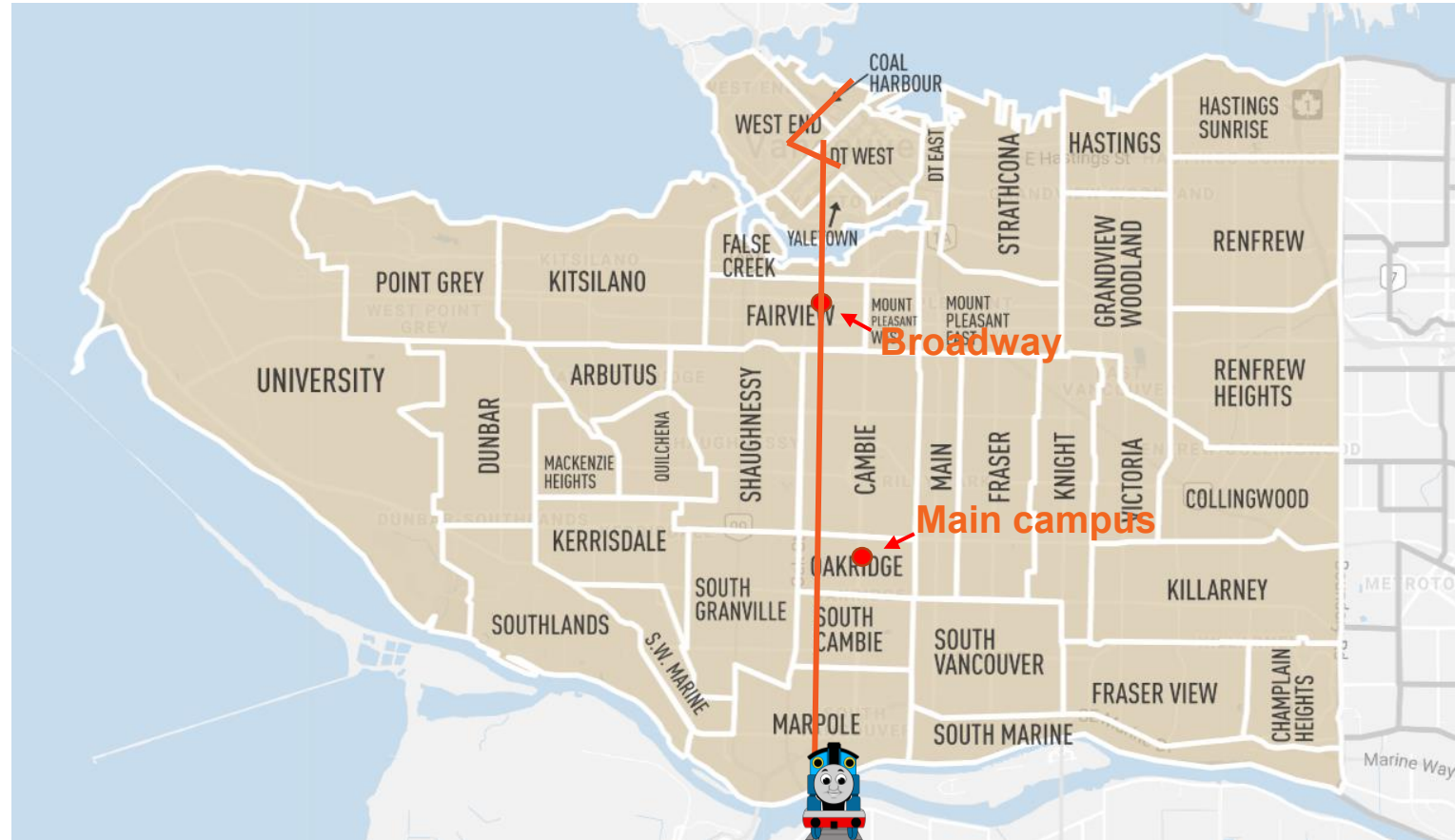
# Langara College

- Started in 1965 as part of Vancouver Community College.
- In 1970, we opened our 49<sup>th</sup> Avenue campus.
- On April 1, 1994, Langara College was established as an independent public college.
- Today, Langara is one of BC's leading undergraduate institutions providing University Studies, Career Studies, and Continuing Studies programs, and courses.



# Langara Campuses

- Main Campus
  - 100 West 49<sup>th</sup> Ave
- 601 West Broadway



- More information about [Parking & Transportation](#)



# Langara Campuses





# Langara Campuses



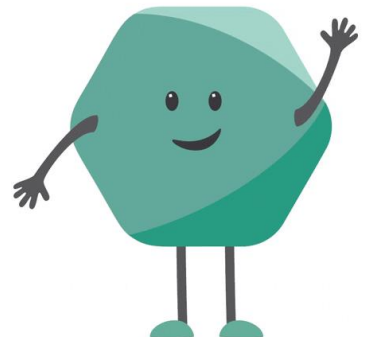
# What can I help you with?



**I'm Kate Cho (she/her)**

International Student Coordinator, Continuing Studies

- Immigration – study permit, visa, work eligibility, Post-Graduation Work Permit
- Medical insurance, social insurance number, and cultural adjustment
- Langara support service & student engagement referrals
- And more!





# Got other questions?

- **Fee payment, account information updates, transcript, student forms and letters (letter of enrolment)?**
  - Visit or email CSRO (Continuing Studies Registration Office) at [csgeneral@langara.ca](mailto:csgeneral@langara.ca)
- **Program or course-related questions?**
  - Contact your Program Coordinator

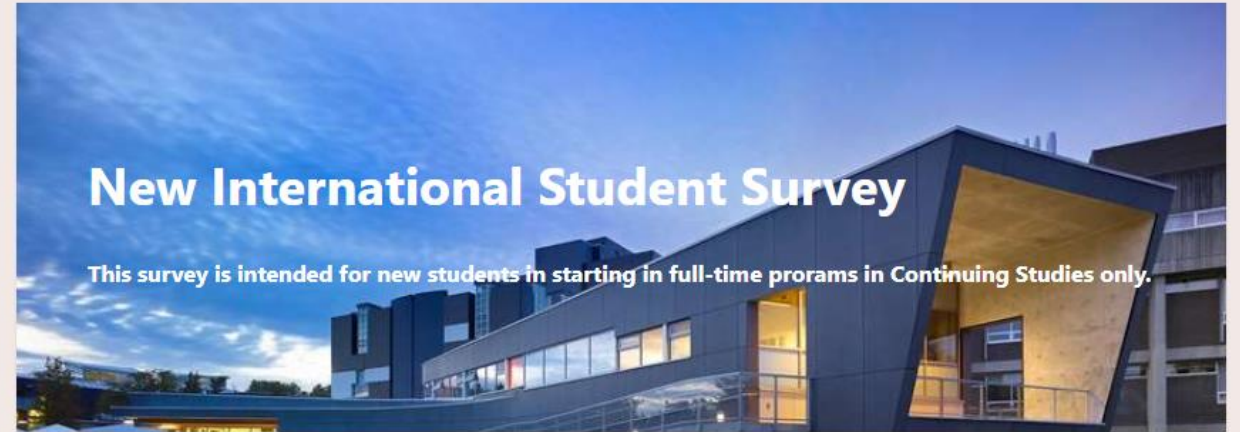
# Program emails

If you have an academic question (e.g., course schedule, program-related questions, or course materials):

Programs	Program emails
Advanced Accounting	<a href="mailto:csaccounting@langara.ca">csaccounting@langara.ca</a>
Construction Standards	<a href="mailto:real-estate@langara.ca">real-estate@langara.ca</a>
Registered Massage Therapy (RMT)	<a href="mailto:rmt@langara.ca">rmt@langara.ca</a>
Supply Chain and Logistics (SCL)	<a href="mailto:supplychain@langara.ca">supplychain@langara.ca</a>

# Reminder!

- If you have not submitted the New Student Survey yet, please do so as soon as possible.
- If the status on your study permit application has changed, please submit a new a survey.
- Please note that you have a unique link to your own student survey. Make sure not to share your link with other students.



## Student Information

1. Student ID:

2. Student First Name:

3. Student Last Name:

# CS International Student Orientation

## CS International Student Orientation Page

### **Continuing Studies International Student Orientation**

Not sure if you are a Continuing Studies student? Click [here](#) to view a list of Continuing Studies programs.

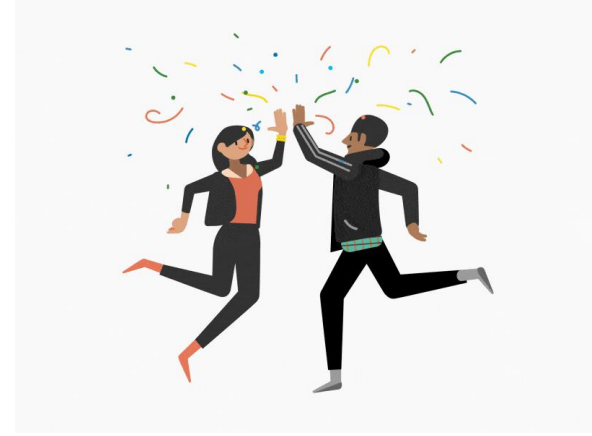
Students beginning their studies at Langara are invited to attend the Continuing Studies International Student Orientation. In this session, students will learn more about Langara, Langara's services, how to adjust to Vancouver and Canada, immigration-related matters (e.g. study permit, work eligibility), medical insurance plans, and much more. Note that event pre-registration is mandatory.

- Date: Wednesday, December 17, 2025
- Time: 8:00 AM-10:00 AM (PT, Vancouver time)
- Location: Virtual, via Zoom

A registration link will be provided by email. Please make sure to check your Langara email.




# i-Guide Mentorship Program




- One-semester program for first-semester students
- Get paired with an experienced Langara student
- Mentors provide guidance, advice, and support
- Learn about essentials such as transit, banking, shopping, and more
- Email communication coming in late November
- <https://langara.ca/why-langara/international-student-experience/students#i-GuideMentorship>

**Prepare for Arrival**

# Health Care in BC: Private Insurance



THE COLLEGE OF HIGHER LEARNING.



Emergency Assistance Number


- Home
- New Regular Studies Students
- Early Arrivals
- Opt Out
- Continuing Studies and LEAP
- Students
- Returning Regular Studies Students
- Dependents +
- Policy Documents
- Submit a Claim
- Find a Canadian Clinic
- mobileDOCTOR

## CONTINUING STUDIES AND LEAP STUDENTS


This is intended for students in a [Continuing Studies program](#) or [LEAP](#) only.

Upon arrival, you will need to apply for [Medical Services Plan \(MSP\)](#) as it is mandatory in the province of British Columbia (BC) for international students to have medical insurance. Since BC MSP does not begin until 3 months after your arrival, you will need to purchase private insurance for those first 3 months. Once your travel arrangements are made, buy the insurance to begin on your first day in BC, for 3 months. To begin, click on the “Apply for Insurance” icon below.


If you are in a Regular Studies program, please refer to the [Returning Regular Studies Students](#) or [Early Arrivals](#) pages to purchase your insurance or for more information. Do not purchase insurance from this page.




APPLY FOR INSURANCE



POLICY DOCUMENTS FOR  
GUARD.ME CANADA  
DRUG CARD



FIND A CANADIAN  
CLINIC



MOBILEDOCTOR

[www.guard.me/langaracollege/departments/  
continuing-studies-and-leap-students](http://www.guard.me/langaracollege/departments/continuing-studies-and-leap-students)

**guard.me**  
International Insurance

# Accommodation

## Housing Resources – Langara Global

- Off-campus Housing
- Types of Housing
- Housing listings
- Renting Tips and Safety
- Your Rights & Responsibilities

## Homestay

- Email: [homestay@langara.ca](mailto:homestay@langara.ca)
- Phone: 604.323.5696





# Other options

1. AirBnB: [www.airbnb.ca](http://www.airbnb.ca)
2. Student.com: [www.student.com/ca/vancouver](http://www.student.com/ca/vancouver)
3. University Living: [www.universityliving.com](http://www.universityliving.com)
4. Point2Homes: [www.point2homes.com/CA/Apartments-For-Rent/BC/Greater-Vancouver.html](http://www.point2homes.com/CA/Apartments-For-Rent/BC/Greater-Vancouver.html)
5. Rentsline: [www.rentsline.com](http://www.rentsline.com)
6. Amberstudent: <https://amberstudent.com/places/search/vancouver-1911021542675>

# Prepare for arrival

## How early you can arrive before start studying?

- There is no set time frame for you to arrive in Canada before you begin your studies.
- You should give yourself a reasonable amount of time to prepare before you start studying.

**To help you get ready, check out the Pre-Arrival resources on**

**<https://langara.ca/media/11684/download?inline=>**



# Arriving in Canada

- At arrival, a Canada Border Services Agency (CBSA) officer will check your travel documents and reasons for visiting Canada.
- Answer honestly and ask for an interpreter if needed. .
- ☐ **If you are coming with an eTA:** It's electronically linked to your passport and it is usually valid for 5 years or until your passport expires, whichever comes first
- ☐ **If you are coming with a visa:** This is a physical sticker in your passport.
- ☐ **If you are coming with a Letter of Introduction:** The officer will issue you a study permit at the border, with conditions on the permit if applicable.

# Documentation

## Primary documents:

- ✓ Valid Passport
- ✓ Temporary Resident Visa or eTA
- ✓ Letter of Introduction from IRCC
- ✓ Original copy of your LOA – Letter of Acceptance from Langara (print from your email)



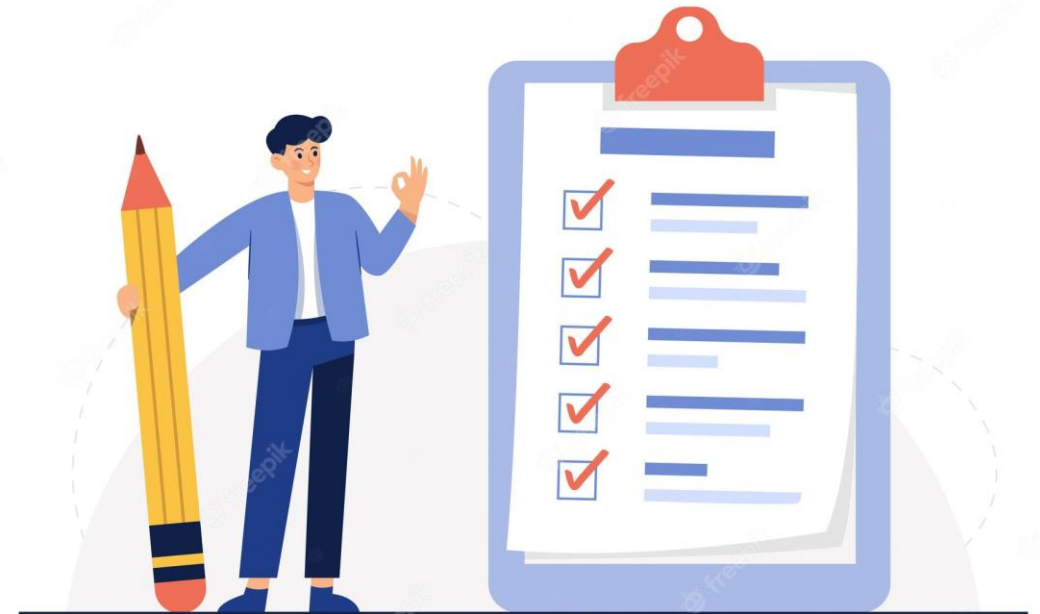
*This Photo by Unknown Author is licensed under CC BY-SA*



# Documentation

## Secondary documents:

- ✓ Course registration information
- ✓ Flight booking tickets
- ✓ Accommodation information
- ✓ Important contacts
- ✓ Driver's license
- ✓ Proof of immunization, if any
- ✓ Photocopies of important documents, such as:  
birth certificate, previous education  
documents, family member documents, etc.



# Documentation

## Other things the officer may ask:

- ✓ Where you will stay
- ✓ Will leave Canada by the end of your visit
- ✓ Evidence of Funds
- ✓ Have ties with home country
- ✓ Be in good health and have health insurance
- ✓ Have no criminal or immigration convictions



# Study Permit Compliance

As a study permit holder, you must:

- Ensure that your study permit is valid for the entire length of your program.
- You may apply to extend your study permit.
  - Extend your study permit at least 3-4 months before it expires
- If your passport will expire in Canada, renew it at least 6 months before the expiry date.

## Study permit

Canada Citizenship and Immigration Canada / Citoyenneté et Immigration Canada

PROTECTED WHEN COMPLETED / PROTÉGÉE UNE FOIS REMPLIE

CANADA DD185 547 250

Application/Demande: UCI/UC:

**STUDY PERMIT/PERMIS D'ÉTUDES**

CLIENT INFORMATION/INFORMATION DU CLIENT

Family Name/Nom de famille: Given Name(s)/Prénoms(s): Date of Birth/Date de naissance: Sex/Sexe: Country of Birth/Pays de naissance: Country of Citizenship/Citoyen de: Travel Doc No./N° du document de voyage: PASSPORT

ADDITIONAL INFORMATION/INFORMATION SUPPLÉMENTAIRE

Date Issued/Délivré le: 2016/01/08 Expiry Date/Date d'expiration: 2018/08/31 Case Type/Genre de cas: 30 Institution Name/Nom de l'institution: DESIGNATED LEARNING INSTITUTION Field of Study/Dominus d'études: ANY DESIGNATED POST-SECONDARY INSTITUTION In Force/En vigueur le: 2016/01/08

Conditions:

1. MAY ACCEPT EMPLOYMENT ON THE CAMPUS OF THE INSTITUTION AT WHICH REGISTERED IN FULL-TIME STUDIES.
2. NOT AUTHORIZED TO WORK IN CHILD CARE, SECONDARY SCHOOL TEACHINGS, HEALTH SERVICE FIELD OCCUPATIONS.
3. MUST LEAVE CANADA BY 2018/08/31.
4. NOT VALID FOR EMPLOYMENT IN BUSIN. RELATED TO THE SEX TRADE SUCH AS STRIP CLUBS, MASSAGE PARLOURS OR ESCORT SERVICES.

Remarks/Observations: CAQ# VALID UNTIL 2016/01/31 MUST ACTIVELY PURSUE STUDIES AT A DESIGNATED LEARNING INSTITUTION MAY WORK OFF-CAMPUS OR FULL-TIME DURING REGULAR BREAKS IF MEETING CRITERIA OUTLINED IN SECTION 186(5) OF IRPR/AROSC.

\*\*\*THIS DOES NOT AUTHORIZE RE-ENTRY/CECI N'AUTORISE PAS LA RÉ-ENTRÉE\*\*\*

THIS FORM HAS BEEN ESTABLISHED BY THE MINISTRY OF CITIZENSHIP AND IMMIGRATION / CE DOCUMENT A ÉTÉ ÉTABLI PAR LE MINISTÈRE DE LA CITIZENNETÉ ET DE L'IMMIGRATION. LE PRÉSENT DOCUMENT EST LA PROPRIÉTÉ DU GOUVERNEMENT DU CANADA.

0-995 1/2016 Canada

## Student visa



OR

Government of Canada / Gouvernement du Canada

Status: eTA approved

Name: [REDACTED]

Passport number: [REDACTED]

eTA number: [REDACTED]

Expiration: 2023/03/02

Your application for an Electronic Travel Authorization (eTA) has been approved. You are now authorized to travel to Canada by air.

When you travel to Canada, you will need to bring the passport you used to apply for your eTA, as the eTA is electronically linked to it. Should you obtain a new passport, you will need to apply for a new eTA. Airline check-in staff and the Canada Border Services Agency will have electronic access to your eTA status using your passport.

In the future, you can verify the status and expiration of your eTA by using the eTA Check Status Tool. To do this, you will need the eTA number noted above and details from the passport you used to apply for your eTA.

For information on what to see and do in Canada, visit [www.Canada.travel](http://www.Canada.travel). See you in Canada!

Do you plan on visiting the United States? You may require authorization through the Electronic System for Travel Authorization (ESTA). Find out more on the [ESTA website](http://www.esta.gov).

**Post-Arrival**

# Social Insurance Number (SIN)



- It is a 9-digit number that you need to work in Canada or to have access to government programs and benefits.
- Apply online or visit a Service Canada office

# Banking and money management



- There are many bank institutions in Canada.
- Many of them have special offers and accounts for International Students.
- Budgeting is important as there are a number of fixed costs, including:
  - Tuition
  - Accommodation
  - Transportation (car or transit)
  - Food
  - Cell phone
  - Medical insurance
  - Daily necessities



# Translink – Compass Card



- Public transit system in Metro Vancouver
- Need **Compass Card** to take the bus or subway
- More information at [translink.ca](https://translink.ca)

# BC Identity Card (BCID)



- Official government photo identification card
- More information at [ICBC.com](https://www.icbc.com)
- Fee: \$35

# Break for 10 minutes

- Don't forget to rename your name to "First name – Program name"
  - E.g. Kate – Real Estate
- Program names:
  - Advanced Accounting
  - Construction Standards
  - RMT
  - Supply Chain & Logistics



# Question & Answer

# Breakout rooms

- You will have about 10 minutes to connect with other students.
- There will be a 1-minute countdown before you return to the main room.

# Thank you!

## Any questions?

- If you have immigration questions, you can contact myself – **Kate Cho**  
([kcho@langara.ca](mailto:kcho@langara.ca))
- If you have program-related questions, you can contact your **Program Coordinator**

**Follow Langara Global on social media!**

**Instagram: @langaraglobal**

