

SAMPLE COURSE OUTLINE

Course Code, Number, and Title:

RECR 1162: Direct Leadership in Recreation

Course Format:

[Course format may vary by instructor. The typical course format would be:]

Lecture 2 h + Seminar 2 h + Lab 6 h

Credits: 3.0

Transfer Credit: For information, visit bctransferguide.ca

Course Description, Prerequisites, Corequisites:

Students explore group dynamics and conflict management in the delivery of recreation activities. They learn to identify groups' diverse needs in groups to become motivational recreation leaders. Through experiences in leading and experiencing co-operative learning activities and self-reflection, students develop and apply leadership techniques in the delivery of inclusive recreation activities. Students participate in a guided multi-day wilderness expedition to explore self-leadership.

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Recreation Leadership Diploma.

Prerequisites and Corequisites unavailable, please consult Department for details

Learning Outcomes:

Upon successful completion of this course, students will be able to...

- Develop, implement, and evaluate lesson plans and risk management plans in a recreation setting
- Analyze their own performance, cultural identities, and biases as direct leaders through self-reflection and transfer them to real life context.
- Evaluate and reflect on their own experiences and transfer them to real life context.
- Empower and motivate self and others to participate through inclusive and intercultural strategies and
- Identify and manage conflict by applying knowledge of group dynamics and intercultural skills
- Identify different perspectives and diverse needs of participants, and apply adaptations to meet those needs.
- Create and maintain inclusive physical and emotionally safe environments
- Independently lead diverse groups and promote inclusion in a variety of settings
- Describe the complexity of culture (multicultural diversity, gender equity and diversity, human rights and inclusion) and its role in recreation services

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Instructor(s): TBA
Office: TBA
Office Hours: TBA

Phone: (604) 323-XXXX
Email: TBA

Textbook and Course Materials:

[Textbook selection may vary by instructor. An example of texts and course materials for this course might be:]

For textbook information, visit https://mycampusstore.langara.bc.ca/buy_courselisting.asp?selTerm=3|8

Note: This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.

Assessments and Weighting:

Final Exam

Other Assessments

[An example of other assessments might be:]

Information unavailable, please consult Department for details.

Grading System:

Specific grading schemes will be detailed in each course section outline.

Information unavailable, please consult Department for details.

Topics Covered:

[Topics covered may vary by instructor. An example of topics covered might be:]

Information unavailable, please consult Department for details.

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As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

College Policies:

[E1003 - Student Code of Conduct](#)

[F1004 - Code of Academic Conduct](#)

[E2008 - Academic Standing - Academic Probation and Academic Suspension](#)

[E2006 - Appeal of Final Grade](#)

[F1002 - Concerns about Instruction](#)

[E2011 - Withdrawal from Courses](#)

Departmental/Course Policies:

Information unavailable, please consult Department for details.

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