

## SAMPLE COURSE OUTLINE

### Course Code, Number, and Title:

RECR 1160: Foundations of Leisure and Recreation

### Course Format:

[Course format may vary by instructor. The typical course format would be:]

Lecture 3 h + Seminar 1 h + Lab 0 h

**Credits:** 3.0

**Transfer Credit:** For information, visit [bctransferguide.ca](http://bctransferguide.ca)

### Course Description, Prerequisites, Corequisites:

Students explore key concepts, issues, and topics related to the field of leisure and recreation. Students learn the basic history, psychology, philosophy, and ideals of recreation and leisure, as well as the scope of organizations and programs within Canada, i.e., the public, not-for-profit, and commercial sectors

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership.

### Learning Outcomes:

Upon successful completion of this course, students will be able to...

- Describe the benefits of recreation for individuals and communities.
- Describe the impact of historical and contemporary influences on culture, leisure, play and recreation.
- Describe the scope of the field and list a wide variety of programs, facilities, activities, and examples within the field of recreation.
- Articulate the ideals and values of leisure, recreation and play.
- Develop and articulate their own philosophy of recreation and recreation leadership.
- Distinguish between various recreation delivery systems (i.e. the public, not-for-profit, and commercial sectors).

**Instructor(s):** TBA

**Office:** TBA

**Office Hours:** TBA

**Phone:** (604) 323-XXXX

**Email:** TBA

### Textbook and Course Materials:

[Textbook selection may vary by instructor. An example of texts and course materials for this course might be:]

For textbook information, visit [https://mycampusstore.langara.bc.ca/buy\\_courselisting.asp?selTerm=3|8](https://mycampusstore.langara.bc.ca/buy_courselisting.asp?selTerm=3|8)

*“This Sample Course Outline is for planning purposes only”.*

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Note: *This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.*

### Assessments and Weighting:

#### Final Exam

#### Other Assessments

[An example of other assessments might be:]

*Information unavailable, please consult Department for details.*

### Grading System:

Specific grading schemes will be detailed in each course section outline.

*Information unavailable, please consult Department for details.*

### Topics Covered:

[Topics covered may vary by instructor. An example of topics covered might be:]

*Information unavailable, please consult Department for details.*

As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

### College Policies:

[E1003 - Student Code of Conduct](#)

[F1004 - Code of Academic Conduct](#)

[E2008 - Academic Standing - Academic Probation and Academic Suspension](#)

[E2006 - Appeal of Final Grade](#)

[F1002 - Concerns about Instruction](#)

[E2011 - Withdrawal from Courses](#)

### Departmental/Course Policies:

*Information unavailable, please consult Department for details.*

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