

Course Outline

Course Code, Number, and Title: PSYC 2326 Psychological Disorders and Mental Health

Course Format: Mixed Mode

Credits: 3

Transfer Credit: For information, visit bctransferguide.ca

Course Description, Prerequisites, Corequisites:

In this course, students review a number of psychological disorders as outlined in the current edition of the American Psychiatric Association's Diagnostic and Statistical Manual (DSM) and/or other classification systems. Students examine the mental and behavioural characteristics of various disorders, their possible causes, and treatments from a broad range of theoretical perspectives. The interconnection of biological, psychological, and socio-cultural forces (the BIOPSYCHOSOCIAL model) provides the foundation for this exploration.

Prerequisites: A minimum C grade in PSYC 1115 and 1215.

This class may be conducted as a Mixed Mode or a traditional Face-to-Face class. Classes and activities will integrate lecture with films, demonstrations, interactive exercises, and small group discussion. Students may also be required to complete work online on "LaunchPad" or similar websites.

Learning Outcomes:

Upon successful completion of this course, students will be able to

1. Describe how various psychological disorders derive from multiple biological, psychological, and social factors
2. Compare and contrast how different theoretical models explain the etiology of and provide treatment for various psychological disorders
3. Define the characteristics, possible etiologies, and potential treatments of various psychological disorders
4. Illustrate how the classification of psychological disorders has been influenced by sociopolitical, cultural, historical, or epistemological values
5. Identify the dynamic interplay among those with psychological disorders and their families, communities, and society
6. Challenge their own and society's perceptions and assumptions in understanding those with psychological disorders
7. Apply principles of scientific method and inquiry, critically interpret and evaluate information and popular media about psychological disorders
8. Synthesize information from multiple sources to bring thoughtful and thought-provoking analysis of psychological disorders to class discussions and written assignments

Instructor(s): TBA

"This generic outline is for planning purposes only".

Office: TBA

Phone: (604) 323-XXXX

Email: TBA

Office Hours: TBA

Textbook and Course Materials:

[Textbooks, and their editions, vary by instructor and year. An example of a textbook is:]

Comer, R. J. & Comer, J. S. (2019). *Fundamentals of Abnormal Psychology, 9th Ed.* Worth: New York, NY.

For textbook information, visit https://mycampusstore.langara.bc.ca/buy_courselisting.asp?selTerm=3|8

Note: *This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.*

[Assessments and weighting may vary by instructor. An example of topics covered might be:]

Assessments and Weighting

ASSIGNMENT	WEIGHT
Midterm 1	15%
Midterm 2	15%
Final Exam - Cumulative	20%
LaunchPad Lesson Modules (Best 8 of 9)	15%
Commentaries (Best 6 of 9)	25%
In-Class Group Activities (3 Scheduled Activities)	10%
TOTAL	100%
Bonus Activities	Max of 2%

Grading System:

[Grading systems may vary by instructor. An example is:]

95 – 100	A+	65 – 69.99	C+
90 – 94.99	A	60 – 64.99	C
85 – 89.99	A-	55 – 59.99 C	C-
80 – 84.99	B+	50 – 54.99	D
75 – 79.99	B	Below 50	F
70 – 74.99 B –	B-	No credit – did not write the final exam	N

Topics Covered:

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[Topics covered may vary by instructor. An example of topics covered might be:]

- Abnormal Psychology: Past and Present
- Models of Abnormality
- Clinical Assessment and Diagnosis
- Eating Disorders
- Anxiety, OCD, and Related Disorders
- Depressive & Bipolar Disorders
- Disorders of Trauma and Stress
- Sexual Disorders and Gender Variations
- Substance Abuse
- Schizophrenia

As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

College Policies:

[E1003 - Student Code of Conduct](#)

[F1004 - Code of Academic Conduct](#)

[E2008 - Academic Standing - Academic Probation and Academic Suspension](#)

[E2006 - Appeal of Final Grade](#)

[F1002 - Concerns about Instruction](#)

[E2011 - Withdrawal from Courses](#)

Departmental/Course Policies:

[Individual Course Policies for each class will vary by instructor]

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