

First Aid and CPR Training Requirements

In accordance with Child Care Licensing Regulations, Schedule "C" (www.bclaws.gov.bc.ca/civix/document/id/complete/statreg/332_2007#section11), the employee must hold a valid first aid and CPR certificate from a course that meets the following requirements:

- a) the course must offer at least **8 hours of instruction**
- b) The instructor of the course must be a **certified first aid specialist**
- c) The first aid certificate **expires no more than 3 years** from the date of issue.

2. The first aid course must provide instruction in and requires successful completion of, an examination that includes demonstration and evaluation of skills relevant to the following matters **in respect to children and infants:**

- management of an emergency scene
- assessment of a patient
- fainting and unconsciousness
- cardiopulmonary resuscitation skills recognized by the agencies referred to in section 1 (b) of this Schedule as "(CPR) Level B" or a program that is equivalent
- shock
- choking
- wounds and severe bleeding
- insect, animal and human bites
- eye injuries
- spinal and head injuries
- dental emergencies
- fractures of the upper and lower limbs, including bone and joint injuries
- cardiovascular emergencies
- burns
- electric shock
- poisoning
- environmental injuries, including exposure to heat or cold
- common medical conditions, including diabetes, epilepsy, convulsions and allergic reactions.