

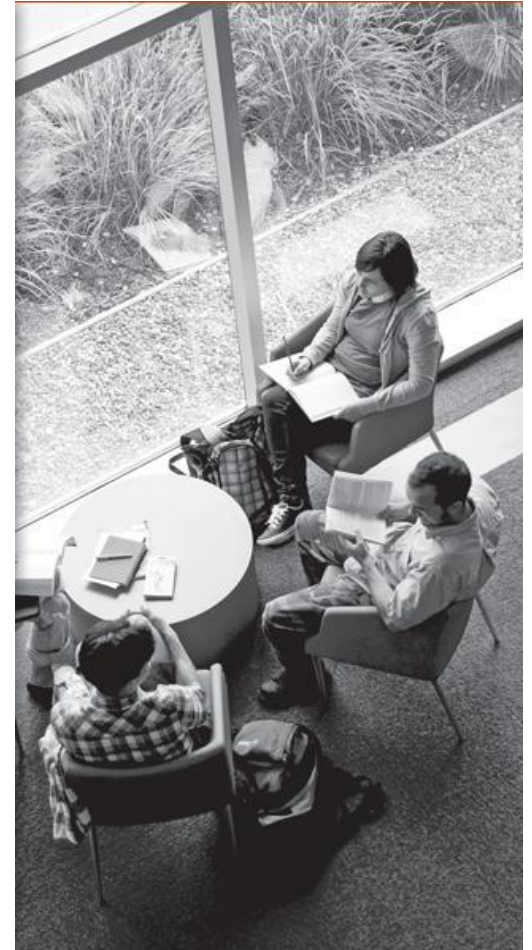
Smoke Free Campus (SFC) - Phase 2

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Langara School of Nursing

Smoke Free Campus Catalysts

- An increase in the number of complaints of second hand smoke on campus;
- The Okanagan Charter; An international charter for promoting health in Universities and Colleges. Specifically, Action 1: Embed health into all aspects of campus culture, across the administration, operations and academic mandates
- The September 1st, 2016 Tobacco and Vapor Products Control Act, which prohibits the use of tobacco or vapor products inside enclosed public or workplaces or within 6 meters of doorways, air intakes and windows open to any substantially enclosed public or workplace.



Phase 1 - Smoke Free Campus Survey

As part of its ongoing commitment to promote the health and well-being of the community, Langara students, faculty, and staff were invited to participate in a campus-wide survey from February 27 to March 10, 2017. The responses were kept strictly confidential and helped form part of the preliminary data which has assisted us to better understand the effects of smoking on the campus community.

The Langara College Nursing Students (Phase 1) presented the preliminary results of the Smoke-free Campus Survey at the Scholarship Café Event on March 30, 2017.

Survey Results

Total Completed Responses – 2,527

- 78.9% of respondents are students
- 4.4% are present smokers
- 75.5% have never smoked
- 74% *strongly support* moving towards a smoke free campus
- 9.7% oppose moving towards a smoke free campus

Phase 2 - Project Deliverables

- Develop display in A building to increase awareness in the Langara community about the benefits of moving towards a SFC.
- Perform thematic analysis of qualitative data from the survey.
- Update SFC web-page on Langara's Human Resources website to address the myths and misconceptions about moving towards a SFC and the benefits of a SFC.
- Make evidenced-informed recommendations for policy development, based on survey data and in consideration of changing societal norms regarding smoking.

SMOKE FREE CAMPUS DISPLAY

WHY MOVE TOWARDS A SMOKE FREE CAMPUS (SFC)

Did You Know...?

A SFC will encourage and support people who smoke to change their relationship with tobacco and enhance their lifelong health

Langara's Health Services offer information regarding 12-weeks of FREE nicotine replacement therapy, which is available at any pharmacy

Children at the Langara daycare who see people smoking on campus may be at higher risk of initiating smoking behaviour in the future

A SFC will benefit everybody at Langara, including:

- people who smoke
- people who don't smoke
- people who are at increased risk of starting to smoke

The Smoke-Free working group is exploring the feasibility of Designated Smoking Areas (DSA) on campus

A SFC will reduce cigarette butt litter 'clean up' costs, which may provide more funding for student initiatives

Langara Smoke Free Campus Survey

Introduction:
Langara College is committed to the prevention of illness and injury for students, faculty, and staff. The College has supported a Smoke-Free Committee to develop a smoke-free policy and procedures, and to make a recommendation on how best to move to a smoke-free campus.

Method:
Students, faculty, and staff were asked to complete an online survey consisting of 13 questions which was administered via email. Additionally, BSN students promoted the survey face-to-face on campus, encouraging other students to complete the survey on iPads. A total of 2,527 surveys were completed with a total of 654 additional comments.


Results: n=2522

Primary role	Number	Percentage(%)
Student	1989	78.9
Faculty	248	9.8
Staff	265	11.3

Members of the Langara Community were asked for their opinion on Langara moving towards a 100% smoke-free campus and about the creation of designated smoking areas on campus.

Preliminary results show that 74% support moving towards a smoke-free campus and 39% support the creation of designated smoking areas (DSA's).

Conclusion:
Data from the smoke free campus survey has been invaluable in assisting with the development of an evidenced based policy. Further thematic data analysis will be undertaken in the next phase of the project as well as further consultation and ongoing engagement with the Langara community.



For more information:
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Did You Know?

A SFC will encourage and support people who smoke to change their relationship with tobacco and enhance their lifelong health



What if I don't want to change my
relationship with tobacco?



Did You Know?

Children at the Langara daycare who see people smoking on campus may be at higher risk of initiating smoke behaviour in the future

Did You Know?

Langara's Health Services offer information regarding 12-weeks of **FREE** nicotine replacement therapy, which is available at any pharmacy and clinic

• WEEKS •

• STEP DOWN THERAPY •

Did You Know?

Vancouver Coastal Health (VCH), Fraser Health Authority (FHA) and Provincial Health Services Authority (PHSA) are 100% smoke-free facilities and grounds



Did You Know?

All City of Vancouver parks and beaches have been 100% smoke free facilities and grounds since 2010, including the Langara golf course



Did You Know?

Langara has a Scent and Odour-Free guideline

The importance of being scentsitive.

PROMOTING A SCENT AND ODOUR-FREE CAMPUS

Did You Know?

There is no evidence, either anecdotal or in the literature to support any effect of a smoke free campus on student enrollment rate, either domestic or international

Did You Know?

A SFC will eliminate cigarette butt litter 'clean up' costs, which will reduce overall college operating expenditures

Did You Know?

The Designated Smoking Area (DSA) outside the B building is located directly across from the handicap parking spot



Did You Know?

A SFC is cost-effective, but it costs
\$\$\$ to have DSAs

Did You Know?

People who smoke are not marginalized by studying or working in a smoke free environment, in fact they are supported

Did You Know?

A SFC will benefit everybody at Langara, including:

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Thank you !

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