

## SEWING & FASHION ARTS

### Sewing Level 1 – Supply List

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#### VFDE 1006 Sewing Level 1:

Build your sewing skills while constructing a skirt or pants using a commercial pattern. Learn how to take accurate body measurements to ensure a good fit. Methods to sew and finish seams, darts, facings, waistband, hems, standard and invisible zippers will be demonstrated. Projects to be determined in consultation with the Instructor to ensure project elements fit the scope of the course. Please bring your basic sewing notions kit and project supplies as projects start in the first class. Approximate cost of project supplies is \$30 and up depending on pattern and fabric choice. Prerequisite: Sewing Introduction or equivalent.

#### Supplies

##### Basic Sewing Kit:

Fabric Scissors

Paper Scissors

Tape Measure

Pins

Bobbins for the sewing machines

Seam Ripper

Thread

Chalk (yellow shows up on most fabrics)

Paper and Pen

##### Optional:

Sewing Machine (with foot control and required power cords)

##### Pattern & Fabric:

Pattern: Personal Choice of a skirt or pant

Pattern should have:

- Darts / Pleats
- Waistband
- Zipper (Lapped or Invisible) \*Fly zippers are a bit more difficult, but doable in this class\*
- Hem

Pattern Examples (can download online PDF pattern)

- Sewaholic Patterns – Hollyburn Skirt (*Women's*)
- Thread Theory Patterns - Jedediah Pants (*Men's*)

Suggested Stores for patterns and material:

- Dressew (least expensive option)
- Fabricana
- Fabricland
- Spool of Thread

Fabric: Follow pattern instructions for fabric type suggestions, and amount of fabric required. These instructions and suggestions are generally found on the back of the pattern envelope.

General suggested fabrics: 100% Cotton, Linen Blends, Twill, Wool Blends, and Polyester.

***Please do not get any materials with stretch.***

Extras: Additional supplies that might be required such as interfacing, buttons, etc will be discussed in class.

*Prior to cutting fabric out, fabric will need to be pre-treated. If you are able to pre-treat your fabric before the first class and want to begin cutting on the first class, you are more than welcome to. If you need more information, this will be discussed during the first class.*