

VISIT TO AN RMT

Registered Massage Therapy Certificate Program

As applicants into a massage therapy program it is essential that you have a general understanding of what a registered massage therapist (RMT) does.

1. SCHEDULE A TREATMENT with the registered massage therapist of your choice and have them complete this form.

If you need help locating an RMT please use one of the following links:

- Massage Therapists Association of BC: <https://massagetherapy.bc.ca/find-rmt>
- College of Massage Therapists of BC: <http://www.cmtbc.bc.ca/about-the-college/public-registry.aspx>

2. ESSAY

With this completed document please submit a reflective essay on your experience at this particular massage. Essay should be a minimum of 300 words up to a maximum of 500 words. Hand written essays will not be accepted.

Please have a discussion with the RMT of your choice about the following topics:

- What are wonderful things about being an RMT
- What are some challenges about being an RMT
- What was RMT school like for you, and what helped you get through

Also include:

- How this massage and interview experience shaped your opinion of massage therapy
- Something new you learned about massage therapy at this visit

Please complete the following information in pen.

Name of program applicant: _____

Name of Registered Massage Therapist: _____

RMT registration number: _____

Date of treatment: _____

I declare that _____ came to me for a massage therapy treatment on the above date. I have received consent from the applicant to share this information with Langara College for the sole purpose of supporting the application process. The medical records will at no time be requested nor provided to Langara College.

Date(dd/mm/yyyy): _____ Signature (RMT): _____

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