

BALANCE SYSTEM ACUPUNCTURE
Langara College Certificate program
Outline & Schedule (future intakes)

Dr. Sonia F. Tan, BA, BA(H), DTCM Dip., DAOM, R.Ac., R.TCM.P.

www.langara.ca/acupuncture for updates to schedule

LEVEL/MODULE & PREREQUISITES	HOURS OF STUDY	GENERAL DATES & TIMES of all INTAKES	COURSE FEE
<p>BSA LEVEL 1 - Single Systems</p> <p>FOUNDATIONS → Pre-Certificate program</p> <p>PRE-REQUISITE:</p> <p>Minimum 250hrs of an accredited Acupuncture program & legally able/ license to practice Acupuncture</p> <p><i>Students who come through an approved teacher program are required to write the equivalency exam for credit. Dates on website</i></p>	<p>TOTAL HOURS: 15.5hrs</p> <p>Lecture*: 14hrs (2 days @ 7hrs/day).</p> <p>Test: 1.5hr</p> <p>Clinic: 0</p> <p><i>If needed hours may be adjusted to accommodate practice work session during BSA Foundations Refresher & Practical</i></p>	<p>FEBRUARY</p> <p>LECTURE: February - 1st wknd Sat/Sun, 9:00am to 5:00pm (includes 1hr lunch)</p> <p>TEST: 3 wks later on Sunday (wknd after Family Day wknd), 10:00am to 11:30am</p>	\$500
<p>BSA LEVEL 2 - Multiple Systems</p> <p>FOUNDATIONS → Pre-Certificate program</p> <p>PRE-REQUISITE:</p> <p>BSAP1 - Single Systems (Level 1)</p> <p><i>Students who come through an approved teacher program are required to write the equivalency exam for credit. Dates on website</i></p>	<p>TOTAL HOURS: 15.5hrs</p> <p>Lecture: 14hrs (2 days @ 7hrs/day)</p> <p>Test: 1.5hr</p> <p>Clinic: 0</p> <p><i>Hours may be adjusted to accommodate practice work session during BSA Foundations Refresher & Practical</i></p>	<p>MARCH</p> <p>LECTURE: March - 1st wknd, Sat/Sun 9:00am to 5:00pm (includes 1hr lunch)</p> <p>TEST: 2 wks later on Sunday 10:00am to 11:30am</p>	\$500
<p>BSA Foundations Refresher & Practical</p> <p>Review and hands-on practice with evaluations. <i>Required for certificate program in some cases^{^+}</i></p> <p>FOUNDATIONS[^] → Pre-Certificate program</p> <p>PRE-REQUISITE:</p> <p>Single & Multiple Systems (Level 1 & 2) ⁺</p>	<p>TOTAL HOURS: 5hrs</p> <p>Lecture*: 1hr</p> <p>Practice work: 4hrs</p> <p>Clinic: 0</p>	<p>APRIL</p> <p>PRACTICAL/LECTURE: April - 1st Sunday 9:30am to 3:30pm (includes 1hr lunch)</p>	\$249
<p>CERTIFICATE PROGRAM</p> <p>You must register for all 6 courses plus exam at the same time</p>			<p>PROGRAM FEE: \$2800</p>
<p>BSA LEVEL 3 - Channel Conversion</p> <p>PRE-REQUISITE:</p> <p>Single & Multiple Systems (BSA 1 & 2), and possibly BSA Foundations Refresher and Practical^{^+}</p> <p>PART OF CERTIFICATE PROGRAM</p>	<p>TOTAL HOURS: 15hrs</p> <p>Lecture: 10hrs (2 days @ 5hrs/day)</p> <p>Clinic: 4hrs</p> <p>Test: 1hr</p>	<p>MAY</p> <p>LECTURE: May – 1st wknd, Fri/Sat 9:00am-3:00pm (includes 1hr lunch)</p> <p>GRAND ROUNDS: Sun 9:00am-1:00pm</p> <p>TEST: 3 wks later on Sun (the wknd after Victoria Day) 10:00am-11:00am</p>	
<p>BSA LEVEL 4 - The Twelve Meridian System</p> <p>PRE-REQUISITE:</p> <p>Single & Multiple Systems (BSA 1 & 2)</p> <p>PART OF CERTIFICATE PROGRAM</p>	<p>TOTAL HOURS: 12hrs</p> <p>Lecture: 7hrs</p> <p>Clinic: 4hrs + Case assignment</p> <p>Test: 1 hr</p>	<p>JUNE</p> <p>LECTURE: June – 1st wknd, Sat 9:00am to 5:00pm (includes 1hr lunch)</p> <p>GRAND ROUNDS: Sun, 9:00am to 1:00pm</p> <p>TEST: 2 wks later on Sun, 10:00am-11:00am</p>	

Cont'd

[^] NEW: required and included component of Level 1 & 2, if taken online thru Langara. May be taken as a refresher with permission.

⁺PRE-REQUISITE: must have passed Langara's Single & Multiple Systems written exams (Level 1 & 2)

*Includes demonstrations and hands-on practice

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<p>BSA LEVEL 5 - The Five Phases System</p> <p>PRE-REQUISITE: Single & Multiple Systems & Channel-Conversion (BSA 1, 2 & 3)</p> <p>PART OF CERTIFICATE PROGRAM</p>	<p>TOTAL HOURS: 12hrs</p> <p>Lecture: 7hrs Clinic: 4hrs + Case assignment Test: 1 hr</p>	<p>SEPTEMBER/OCTOBER</p> <p>LECTURE: September – 3rd wknd, Sat 9:00am to 5:00pm (includes 1hr lunch) GRAND ROUNDS: Sun, 9:00am to 1:00pm TEST: 2 wks later on Sun (1st Sun in October) 10:00am-11:00am</p>
<p>BSA LEVEL 6 - Balance in the Seasons</p> <p>PRE-REQUISITE: Single & Multiple Systems & Channel-Conversion (BSA 1, 2, & 3)</p> <p>PART OF CERTIFICATE PROGRAM</p>	<p>TOTAL HOURS: 12hrs</p> <p>Lecture: 7hrs Clinic: 4hrs + Case assignment Test: 1 hr</p>	<p>OCTOBER/NOVEMBER</p> <p>LECTURE: October - 3rd wknd (following the Canadian Thanksgiving wknd), Sat 9:00am to 5:00pm (includes 1hr lunch) GRAND ROUNDS: Sun, 9:00am to 1:00pm TEST: 2 wks later on Sun (usually 1st Sun in Nov) 10:00am-11:00am</p>
<p>BSA LEVEL 7 - Combinations and Cases</p> <p>PRE-REQUISITE: BSA 1, 2, 3, 4, 5, & 6</p> <p>PART OF CERTIFICATE PROGRAM</p>	<p>TOTAL HOURS: 11hrs</p> <p>Lecture: 7hrs Clinic: 4hrs + Case assignment Test: No test</p>	<p>NOVEMBER</p> <p>LECTURE: November - wknd before Remembrance Day, Sat 9:00am to 5:00pm (includes 1hr lunch) GRAND ROUNDS: Sun, 9:00am to 1:00pm</p>
<p>BSA LEVEL 8 - Cases, Review and Practicum</p> <p>PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6, & 7</p> <p>PART OF CERTIFICATE PROGRAM</p>	<p>TOTAL HOURS: 9hrs</p> <p>Lecture*: 5hrs Clinic: 4hrs + Case assignment Test: No test</p>	<p>DECEMBER</p> <p>LECTURE: December – 1st wknd, Sat 9:00am to 3:00pm (includes 1hr lunch) GRAND ROUNDS: Sun, 9:00am to 1:00pm</p>
<p>BSA LEVEL 9 - FINAL EXAM</p> <p>PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6, 7, & 8</p> <p>PART OF CERTIFICATE PROGRAM</p>	<p>TOTAL HOURS: 3hrs</p> <p>Lecture: 0 Clinic: 0 Test: 3hrs</p>	<p>JANUARY – following year</p> <p>FINAL EXIT EXAM: January - second Sun, 10:00am to 1:00pm.</p>
<p>COMPLETION CELEBRATION</p> <p>Approved application for certificate includes: BSA 1-8 plus pass of final exam and <u>all practicum and grand round clinic hours completed</u></p> <p>Graduating class celebration only. Official Langara Convocation Ceremony in June of graduating year. Both events optional.</p>	<p>TOTAL PROGRAM HOURS: 105hrs</p> <p>71 lecture hours* 10 exam hours 24 clinical hours</p>	<p>JANUARY – following year</p> <p>January - last wknd of the month (Sat or Sun TBD)</p>

REGISTRATION

Prior to registration, send your eligibility requirements to Dr. Sonia Tan, soniatan@langara.ca for approval. Registration is open mid October prior to the program intake. Call 604.323.5322 to register for the Balance System Acupuncture program and pre-requisite courses. View dates of current intakes at www.langara.ca/acupuncture. Dates, times and fees are subject to change.

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COVID UPDATE:

The schedule included in this document are based on in-class sessions. Due to COVID-19, delivery options may be modified. All courses may be online and course hours may be adjusted to accommodate practical work under supervision to ensure competencies and performance indicators. Students must be able to demonstrate and evaluated in person to be granted a pass. Additionally, students will be required to compete practical hours in a clinical setting. If travel for study is not possible by the student, theoretical study online will be accommodated where scheduled, with the practical session occurring at the next possible in-class scheduled intake.

HISTORY OF BALANCE SYSTEM ACUPUNCTURE

First discovered in the ancient classic Chinese medicine texts of over 2,000 years ago by Dr. Chao Chen, who published a book on this method and began to teach it in the 1970's. Refined by Dr. Richard Teh-fu Tan into a systematic and logical way of understanding it, "The Balance Method" as it is originally known as, became popular under his guidance, experience and further developments. Balance System Acupuncture is based on the utilization of a more in-depth and refined way of using Channel Theory based acupuncture. Dr. Sonia Tan, a certified Gold level practitioner of Dr. Richard Tan and one of his senior students, has blessings to continue this legacy and style of acupuncture, with the addition of her clinical and teaching experience, and improvements of her own to the methods. Further history and information at www.TanBalance.com.

PROGRAM HIGHLIGHTS:

- 2 day weekend format for most modules → Saturday, Sunday
- Every month → allows for out-of-town students and full-time practitioners
- *Online learning and testing available for most Modules*
- Sunday of the last day involves grand round clinical hours includes hands on work and learning with practice supervision
- Testing for competency at subsequent weekend
 - Must pass each module before taking the next one
 - 70% pass grade
 - Remedial exam options
- 12 months duration
- Each day of the weekend is usually 7 hours → 9:00am to 5:00pm (1 hour lunch)
- Each clinic day 4 hours → 9:00am to 1:00pm → Grand Rounds format with video conference of lead doctor
- Tests will be short answer written and multiple choice
- Cases Assignments due for each Grand Rounds and other classes
- PRE-REQUISITE: Open to all health care professionals with minimum 250 hrs accredited Acupuncture program & legally able/ licensed to practice Acupuncture.
- The 250 minimum hours is to ensure all health professionals have a basic foundation of Acupuncture
(e.g. understand where the channel pathways go, location of acupuncture points, general functions of the meridians, general actions and indications of acupoints and special category acupoints, etc.)

Questions: soniatan@langara.ca or kramsdn@langara.ca

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