

Registered Massage Therapy

Department Overview

The Continuing Studies Diploma in Registered Massage Therapy is a full-time, two-year program designed to prepare graduates to be independent, and successful health care professionals. Graduates will exceed the entry- to-practice requirements of the [College of Massage Therapists of British Columbia](#) (CMTBC). The program is intensive, accelerated and delivers curriculum beyond the standard in key areas such as Nutrition, Gross Anatomy Field Studies, Business Skills for RMTs, and additional manual therapies such as cranial sacral technique and visceral manipulation. Langara's Diploma in Registered Massage Therapy is on the list of recognized schools in the [CMTBC](#) bylaws and is accredited with the national accrediting body for massage therapy education in Canada, the [Canadian Massage Therapy Council for Accreditation](#) (CMTCA).

Self-Study

Registered Massage Therapy launched its program review in academic year 2019/20 with a Self-Study. Jennifer O'Sullivan, the Program Manager, was the primary Self-Study writer. Additional support was provided by:

- Phuoi-Linh To (Director, Professional Studies, Continuing Studies)
- Pablo Vargas (Dean, Faculty of Continuing Studies)
- Sunita Wiebe (Director, Office of Academic Quality Assurance)
- Institutional Research analysts

Data sources for the Self-Study included:

- Institutional Research-compiled student administrative data (*e.g.*, headcounts, retention, satisfaction)
- Student survey
- Alumni survey
- Faculty survey
- Employer survey

The Self-Study was completed in October 2020.

External Review

CMTCA conducted a virtual accreditation site visit from September 30 to October 2, 2020. The survey team consisted of two surveyors and three CMTCA staff personnel.

Action Plan Goals

In response to the Self-Study and CMTCA Accreditation Report, Registered Massage Therapy created an Action Plan with these goals:

- Goal 1: Curriculum review and update.
- Goal 2: Improve instructor processes.
- Goal 3: Improve student and alumni engagement.
- Goal 4: Expand quality improvement measures.

Examples of Post-Review Successes

2021/22-2022/23

Faculty orientation and professional development were improved. The department developed a program-specific ethical decision-making framework and improved Program Advisory Committee membership. The RMT program aligns mission and goals with the college strategic plan.

2023/24

To meet the new accreditation requirement that all instructors have training in adult education: 90% of Primary instructors have completed the ISW by June 2025, and all TAs and clinic instructors to be registered in ISW after 2nd term, and completed by end of the 3rd term.

The department adopted a Work In Process (WIP) document to track changes made that support indigenization. A Career Fair was hosted to promote industry integration and future career potential for students/alumni. Articulation agreement with TRU was renewed. A better tracking mechanism was created for clinic expenses and loss.