

# Nutrition and Food Service Management

## Department Overview

The [Nutrition and Food Service Management Department](#) offers a Nutrition and Food Service Diploma, an Associate of Science in Food and Nutrition, and a Diploma in Food, Nutrition, and Health Transfer Program. The [Nutrition and Food Service Management Diploma](#) is a fully online program that provides students with the education and training needed for careers in food service management, with a strong focus on nutrition in the healthcare sector.

The [Associate of Science Degree in Food and Nutrition](#) prepares students to meet course requirements for application to the BSc (Food, Nutrition, and Health) program in the Faculty of Land and Food Systems at UBC. If eligible, the students can then apply to their Dietetics program. The courses may also meet the requirements of other dietetics programs across Canada.

The [Diploma in Food, Nutrition and Health Transfer](#) is a limited enrolment program that provides courses to match the first two years of prerequisite requirements for the dietetic major at UBC. While successful completion of the diploma does allow the student to apply directly to the Dietetics program, entry into the UBC program is not guaranteed.

Individual courses are also available as electives. Registered Dietitians with specialized knowledge in their subject area teach Nutrition courses. More information about available from the [Nutrition Pathways document](#).

## Self-Study

Nutrition and Food Services launched its program review in academic year 2020/21 with a Self-Study. Laura Cullen was the primary Self-Study writer on behalf of the rest of the department's faculty. Additional support was provided by:

- Monica Molag (Department Chair)
- Marianne Gianacopoulos (Division Chair, School of Management)
- Susan Kelsall (Dean, School of Management)
- Pennie Poon (Manager, Office of Academic Quality Assurance)
- Sunita Wiebe (Director, Office of Academic Quality Assurance)
- Institutional Research analysts

Data sources for the Self-Study included:

- Institutional Research-compiled student administrative data (*e.g.*, headcounts, retention, satisfaction)
- Student survey
- Alumni survey
- Faculty survey
- Employer survey

The Self-Study was completed in May 2021.

## External Review

The department underwent two external reviews. The first, for the Nutrition and Food Service Management program, was undertaken on May 19, 2021 by the Canadian Society of Nutrition Management.

The second, for university transfer programs took place on July 2, 2021. The External Review Team consisted of:

- Benjamin Wood, PhD, Asian Studies, Langara (External Review Chair)
- Catherine Morley, PhD, School of Nutrition and Dietetics, Acadia University
- Zhaoming Xu, PhD, Food, Nutrition and Health, University of British Columbia

### Action Plan Goals

In response to the Self-Study and External Review, Nutrition and Food Service Management created an Action Plan with these goals:

- Goal 1: Continue to grow a program that maintains accreditation status and provides graduates with profession relevant education, career opportunities and professional growth.
- Goal 2: Strengthen and grow these educational pathways to be desirable and relevant and transferable to universities across Canada.
- Goal 3: Maintain high academic standards, consistency, inclusive and relevant teaching in all course offerings.
- Goal 4: Support instructor growth and development to encourage retention and enthusiasm.
- Goal 5: Develop and implement new course and program offerings.

### Examples of Post-Review Successes

#### **2021/22**

The department increased collaboration with Langara service departments to improve public awareness of the department. They incorporated Co-op and career workshops into early program courses, increased offering of core courses and advising opportunities for students.

#### **2022/23**

3 virtual information sessions were hosted. FSRV 1113 and 1213 are now offered in Spring and Fall semesters. FSRV 3114 sections have been doubled in Summer 2023 to meet demands but no base sections available to extend to other terms.

A presentation was done at UBC to spread awareness on the NFSM Advanced Standing option available at Langara for students who have completed a B.Sc in FNH at UBC, who may still be interested in working within Nutrition Management.

Course conveners will be on a rotational basis with a 2–3-year term. They aim to provide consistency in course delivery and sharing of resources.

The first official Nutrition Month event was held in March 2023-Objective was to cultivate community engagement through education of the benefits of a dietitian and grow awareness of the NFSM Department. Events included a student-focused engagement center and employee focused (in collaboration with the College Wellness Promotion Committee) lunch 'n' learn. Both events were received with great interest.

#### **2023/24**

A new instructor with a specific focus on food services was hired in Fall 2023. Additional sections of FSRV 1219, FSRV 2329 and FSRV 2529 were offered in Summer 2024 for the first time to meet student demands. 2 info

sessions were hosted in Fall 2023 and Spring 2024 - one at Langara, supported by Langara Global and one for Northern Health Authority in Fall 2023. Additional targeted info sessions were offered for Vancouver Island Health in Summer 2024, focusing on the NFSM Diploma. The external website was also updated with prerecorded information videos for both NFSM and UT programs.

Since Summer 2023, UT students have been able to receive dedicated advising from Department Chair (primary contact for UT program). Monthly newsletter with pertinent information about transfer pathways, volunteer/job postings have been sent out along with information around Nutrition Club. The nutrition club has continued to engage the student community by hosting several events, contests etc. UT specific information sessions have been offered bi-annually. The department also participated in the College wide High School counsellors' event in Fall 2023. The department chair engaged with counsellors from high schools in the lower mainland area, promoting the university transfer pathway.