
Student Success \ Improve your thinking-improve your GPA

KAVEH FARROKH (PH.D.)

Gardner's Categories of Intelligences

LINGUISTIC

Ability to read, write, and communicate with words.

LOGICAL-MATHEMATICAL

Ability to reason, calculate, and use logic.

VISUAL-SPATIAL

Thinking in pictures, visualizing, and sense of direction and space.

MUSICAL

Ability to keep rhythm, appreciate, compose, and make music.

BODILY (KINESTHETIC)

Ability to create physical products, present ideas and emotions, and to use body to solve problems.

INTERPERSONAL (SOCIAL)

Relate to people, have empathy and understanding, and notice their goals and motivations.

INTRAPERSONAL

Self-assessment, self-analysis, reflection, making plans, and setting goals.

EXISTENTIAL

The "spiritual" questioning of why we are born, live, and pass away.

NATURALIST

Our harmony with nature and living beings.