

SAMPLE COURSE OUTLINE

Course Code, Number, and Title:

NURS 1160: Nursing Skills I: Health Assessment I

Course Format:

[Course format may vary by instructor. The typical course format would be:]

Lecture 4 h + Seminar 0 h + Lab 0 h

Credits: 3

Transfer credit: For information, visit bctransferguide.ca

Course Description, Prerequisites, Corequisites:

This course is the first of a series of five that address the promotion of health, healing and client safety. Participants explore and develop the essential knowledge, competencies, and critical components of foundational nursing skills from an evidence-informed perspective. Participants will have the opportunity to practice and demonstrate completion of ethical, competent, and safe nursing skills at the expected term 1 level.

Prerequisite: None

Corequisite: NURS 1109, 1121, 1130, 1163

Registration restricted to students admitted to the Bachelor of Science in Nursing

Note: Students will receive credit for only one of NURS 1100 and 1160/1163.

Learning Outcomes:

Upon successful completion of this course, students will be able to:

- Be an independent, self-directed, self-reflective, and life-long learner who is an accountable professional
- Aware of the requisite skills and abilities that are required to attain the entry-level registered nurse competencies
- Make competent, safe, and ethical decisions using critical inquiry based on multiple ways of knowing, and evidence-and informed research
- Develop a strong foundation in nursing theory, concepts and knowledge, health sciences, humanities, informatics, research, and ethics
- Demonstrate the critical components of all nursing skills including: Asepsis, Assessment, Comfort, Privacy, Teaching, Safety, Organization, Resources, Body Mechanics and Documentation
- Explain the purpose, principles and rationale involved with each nursing skill

snəwəyət̚ leləm̚ Langara College acknowledges that we are located on the unceded territory of the Musqueam people.

- Practice the select number of nursing skills (term specific) in the context of the whole person using the components of the decision making framework safely, competently, and ethically
- Provide written feedback for self and/or peers based on the critical components of a nursing skill during practice and open lab
- Practice using appropriate –age and culturally safe interpersonal communication
- Recognize the limitations of their individual experience and knowledge, and seek guidance from experienced practitioners

Instructor(s): TBA

Office: TBA Phone: 604 323 XXXX Email: TBA

Office Hours: TBA

Textbook and Course Materials:

[Textbook selection may vary by instructor. An example of texts and course materials for this course might be:]

For textbook information, visit: https://mycampusstore.langara.bc.ca/buy_courselisting.asp?selTerm=3|8

Note: This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.

Assessments and Weighting:

Final Exam 30%

Other Assessments %

(An example of other assessments might be:) %

Quizzes: 50%

Other: 20%

Additional Information: Other is the Safe Practice Appraisal

Proportion of individual and group work:

Individual: 100%

Grading System: Letter grade

Specific grading schemes will be detailed in each course section outline.

Passing grade: C+

This generic outline is for planning purposes only.

Topics Covered:

[Topics covered may vary by instructor. An example of topics covered might be:]

- Week 1 Introduction
- Week 2- Health Perception/Health Management, Decision Making and Health History
- Week 3- Health Perception/Health Management Assessment Tools and Documentation (Math and Terminology)
- Week 4- Activity/Exercise Cardiovascular and Respiratory
- Week 5- Activity/Exercise Vital Signs /Oximetry
- Week 6- Health Perception/Health Management, Hand hygiene, Infection Control, Gloving
- Week 7- Activity/Exercise Body Mechanics
- Week 8- Activity/Exercise Turning/Position Mobility (ROM)
- Week 9 Bedmaking Unoccupied
- Week 10- Elimination, Sexuality/Reproductive, Intake/Output,
- Week 11- Nutrition/Metabolic, Height/Weight, BMI, Swallowing
- Week 12- Cognition/Perception Neurological, PERLA, Pain
- Week 13- Comprehensive Assessment Review

As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

College Policies:

[E1003 - Student Code of Conduct](#)

[F1004 - Code of Academic Conduct](#)

[E2008 - Academic Standing - Academic Probation and Academic Suspension](#)

[E2006 - Appeal of Final Grade](#)

[F1002 - Concerns about Instruction](#)

[E2011 - Withdrawal from Courses](#)

Departmental/Course Policies:

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