SAMPLE COURSE OUTLINE

Course Code, Number, and Title:

HCAS 1110: Caring for Individuals Experiencing Common Health Challenges I

Course Format:
[Course format may vary by instructor. The typical course format would be:]

Lecture 4.0 h + Seminar 1.0 h

Credits: 3   **Transfer Credit:** For information, visit bctransferguide.ca

Course Description, Prerequisites, Corequisites:

An understanding of the human body, aging, nutrition and health challenges is critical to the delivery of day to day care. Students are introduced to the normal structure and function of the human body and normal bodily changes associated with aging. Students learn about common challenges to health and healing in relation to each body system. The focus is placed on exploring person-centred practice as it relates to the common challenges to health.

Corequisites: HCAS 1100; HCAS 1101; HCAS 1120; HCAS 1130; HCAS 1140

Learning Outcomes:

Upon successful completion of this course, students will be able to:
- Display an understanding of the structure and function of the human body and normal changes associated with aging
- Display a sound understanding of common challenges to health and healing
- Discuss nutrition as it relates to healing
- Describe ways to organize, administer and evaluate person-centred care and service for clients/residents experiencing common health challenges
- Demonstrate an understanding of the components of person-centred care for clients/residents and families

Instructor(s): TBA
Office: TBA   Phone: (604) 323-XXXX   Email: TBA

Office Hours: TBA
Textbook and Course Materials:
[Textbook selection may vary by instructor. An example of texts and course materials for this course might be:}

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Sorrentino, S., Remmert, L., Wilk, M.
Mosby's Canadian Textbook for the Support Worker 4th Canadian Edition

Sorrentino, S., Remmert, L., Kelly, R., Wilk, M., Cammaert, M.
Workbook to accompany Mosby's Canadian Textbook for the Support Worker 4th Canadian Edition

For textbook information, visit https://mycampusstore.langara.bc.ca/buy_courselisting.asp?selTerm=3|8

Note: *This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.*

Assessments and Weighting:
(An example of assessments might be:) %

Midterm = 40%
Final Exam = 30%
Assignments = 30%

Grading System: Letter grade
Specific grading schemes will be detailed in each course section outline.

Passing Grade = C+

Information unavailable, please consult Department for details

Topics Covered:
[Topics covered may vary by instructor. An example of topics covered might be:]

Medical terminology
Structure and function of the human body
Review of major body systems
Natural changes associated with aging
The experience of illness and disability
Chronic illness
Nutrition and healing
Common disorders related to integumentary, musculo-skeletal, cardiovascular, respiratory, urinary tract, and endocrine functioning
Application of care planning and problem-solving for individuals, in facilities and the community, experiencing common health challenges

As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

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College Policies:

E1003 - Student Code of Conduct
F1004 - Code of Academic Conduct
E2008 - Academic Standing - Academic Probation and Academic Suspension
E2006 - Appeal of Final Grade
F1002 - Concerns about Instruction
E2011 - Withdrawal from Courses

Departmental/Course Policies:

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